

## MOCK: ISLAMIC STUDIES

Q No. 02 :-

### PHILOSOPHY OF FASTING :-

In Islam, fasting known as (Sawm) or Siyam. In non-Arab muslim countries is the practice of abstaining, usually from food, drink, smoking and sexual activity. During the holy month of Ramadan, Sawm is observed between dawn and nightfall when the adhan of the magrib prayer is sounded. Ramadan is the ninth month of the muslim lunar calendar and fasting is a requirement for Muslims as it is the fourth of the five pillars of Islam.

It is stated in Quran as :-

"O you who believe, fasting is prescribed for you as it was prescribed for those before you, that you may develop God-consciousness. (Quran-2:183)

This month is significant because the first revelations of the Quran to Muhammad occurred during this month. Fasting is a form of wealth purification, fasting is a form of self-purification. Fasting begins at dawn and ends at sunset, local time.

### Social, Moral, and Spiritual Impact:-

- It brings a fasting man/woman closer to his/her Creator (Allah).
- One develops a sense of love for the Holy Quran, as this month brings along with it an opportunity towards a special dedication, and also a love towards its recitation, understanding and remembrance.
- I'tikaf, is observed, and in doing so observer gets a better concentration and more time towards praying, reciting the Holy Quran and undergoing other religious activities.

- The Tahajjud prayer helps is more widely observed in the whole month. The faithful leave their warm beds in search of the Bliss of Allah and ask duas.
- The tarawih prayer is an event that allows faithful to hear the Holy Quran from beginning to end.
- It develops the habit of eating moderately and avoiding wastage of food.
- Allah forgives the previous sins of the fasting men and women then they seek His forgiveness honestly with devotion.

Fasting purifies the mind and helps a person gain control over his ego and base desires as well as teaches a person how to modify his behaviour and change bad habits into good ones. Fasting also teaches patience, thankfulness and modesty. These are all qualities that Muslims strive to perfect and fasting

is one way that helps inculcate them in our daily lives.

Q No. 06 :-

The principle of Tauhid specifies that the absolute right of ownership of all the world's resources belongs solely to God. Nobody else can claim an independent right of ownership over anything. All things are given only as a trust into the custody of man, to be used as means for attaining human perfection and edification. These natural resources, which are the products of efforts of myriads of creatures and natural forces, should not be allowed to be destroyed, misused, or abandoned without use, or to be used for any purpose other than progress and edification of mankind.

Whatever there is in human hands is for a man, but it has been bestowed upon man by God. Accordingly, they should be utilized for purposes as determined by him that is for

the purpose of as determined by him  
- that is for the purpose and end which  
is natural, and for which they have  
been created. Its use and employment for  
a purpose other than that is misuse,  
deviation from the path of nature, and  
corruption. Man's role is merely limited  
to utilization of these resources in a  
right way.

- A man who believes in doctrines of  
Tawhid becomes grateful and content,  
because he knows everything is  
happening by the will of Allah alone,  
who is the best planner.

- Tawhid instigate dignity in man  
because he knows he is not relying  
on anyone but Allah who has no  
companion.

- Tawhid brings about a sense of modesty  
and humility in a person:  
"Indeed, Allah does not like everyone

self-deluded and boastful". (Al-Uyayun).

- Taught me the bravery in men like it  
did in 313 companions of Badr.