

Momina Arshid
Batch-37

Islamic Studies

— (Question: 02) —

"Fasting"

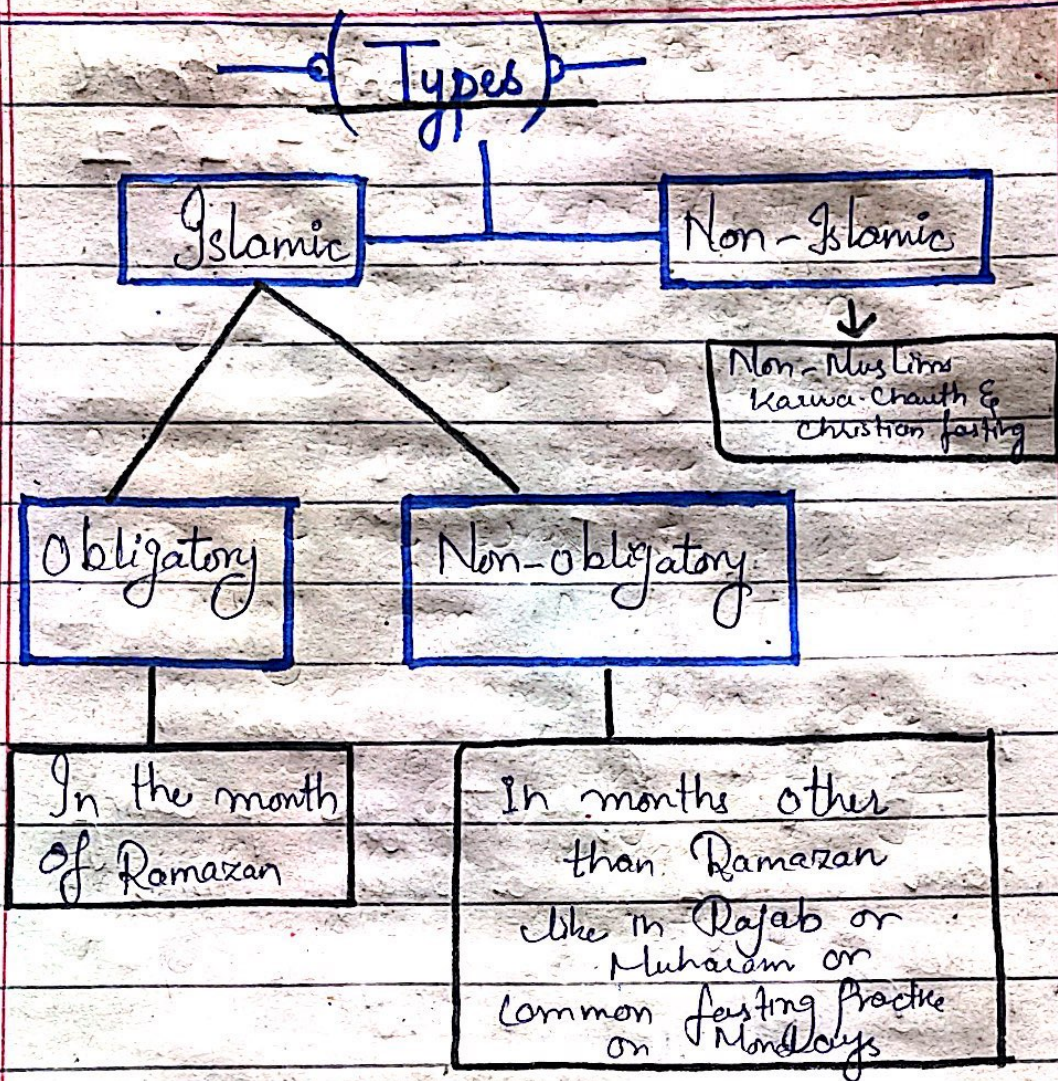
fasting specifically called "Sawm" in Arabic refers to give up eating and drinking for a specific time purely for religious purposes

(meaning)

- literal meaning: to restrain, tolerate, puff
- Contextual meaning: to restrain from eating and drinking with specified conditions.
- meaning in Islam: to restrain from eating and drinking from dawn to dusk in month of Ramadan purely for the pleasure of Allah

(Significance)

Whole month of Ramadan, 8th in Islamic calendar is for practising fastings of Muslims.



(Philosophy)

Muslims observe fasting in month of Ramzan as it is obligatory for Muslims and 3rd pillar of Islam.

The research that led to winning noble prize revealed that fasting purifies body. When man fasts mitochondria eats the worn out org and non-functioning organelles in the cell to meet its energy demand. Thus cells of whole body are cleaned??

Philosophy of Fasting

"Taleen" — Main philosophy
fasting is the practice of how
poors live in society with hunger
to develop sympathy in
Muslims for their poor brothers and
sisters.

Experience hunger

learn lesson

Practice charity

Increase goodness
in society

- a) Aim of servitude of Allah
- b) Hidden Worship
- c) Practice of Obedience
- d) Strengthening of Iman

Importance in Islam

Stressed in Quran

Ramadan fasts are made obligatory for you, as they were on the people earlier ^{than} of you, so that you may have get God-conscious.

(2:138)

Every act of person is for himself but Fasting is for me and I will give its reward.

(Al-Quran)

These two verses of holy Quran stress upon the importance of fasting along with heavy reward for those who keep it.

Stressed in Hadees

“Whoever fasts in month of Ramadan to gain Allah's pleasure, all his past sins will be forgiven”

In this hadees, Holy Prophet (PBUH) stresses on importance of fasting and

how heavy it will be in bag of deeds of Muslim

It is also reported that Holy Prophet told Sahaba that there were 40 curtains between Hazrat Musa and Allah swt. But the one who fasts is one curtain away from Allah swt. This demonstrates how pleasurable the deed of fasting is for you Allah. Another hadith reveals "fasting is shield against sins"

Conditions

Dawn

Dusk

- 1) No eating
- 2) No drinking
- 3) Intake of pre-dawn meal (Sahur)
- 4) Intake of Iftar when sun sets
- 5) Abstaining from all bad habits and talks
- 6) Restaining from sexual intercourse during fast
- 7) Increase acts of charity

Impacts of Fasting

x (a) Individual life x
(a) Social Impacts

Impacts

1) Discipline and self control

2) Immunity from conflicts and disintegration

3) Brotherhood and Sympathy

4) Economic Benefits

5) Social Harmony

Analysis

Allah has strictly ordered to observe self control during fasting otherwise He doesn't care of the hunger.

Therefore, a Muslim keenly observe these two practices.

Due to self-control many conflicts in society are thrown away.

A whole day hunger teaches man to take care of those who sleep hungry every night.

Muslims are ordered to do charity in month of Ramadhan (Sadaqa) and on day of Eid (Fitra) giving economic benefits to poor.

Sending Iftars to neighborhood and gatherings on Eid provide harmony in society.

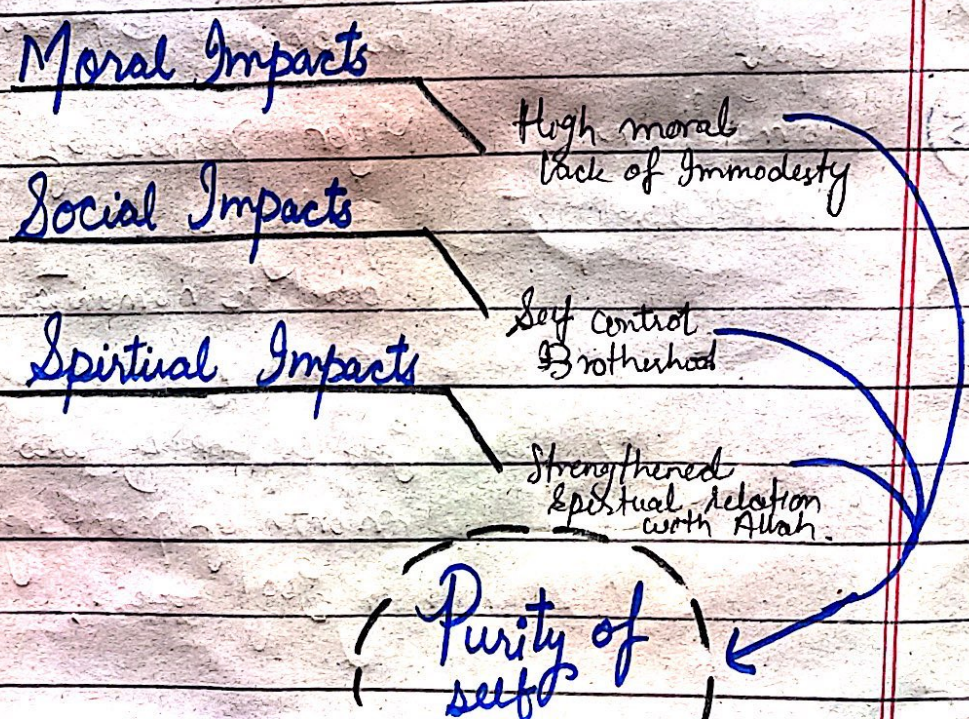
(b) Spiritual Impacts

Impacts	Analysis
1) Immunity from Hypocrisy.	fasting develops many virtues one of them is being hypocrazy and back biting as Quulom cares to keep fast mine from any evil.
2) Spiritual ^{bond} Development of man with Allah	while practising fast and offering prayers along with Tarawih and other worships for whole month man develops strong bond with Allah swt.
3) Attainment of piety.	By practising all good virtues man attain piety.
4) Obedience to God.	Fast ^{or} teaches man to be obedient to Allah.
5) Humanitarian spirit development.	Major purpose of fasting is to develop humanitarian spirit in man which gets develop by who month of practising good deeds.

(c) - Moral Impacts

Impacts	Analysis
1) Building Moral Character	When a man practices fast he tries his best to attain all the commands given by Allah that results in moral uplift of man.
2) Feasting destroys the element of pride in man	
3) Increases immorality resistance	
4) Controls ^{un} -Islamic Interests	

Purity of Self by fasting



— (Question : 03) —

Farewell sermon of Holy Prophet :-

“Take care of women.”

Quranic way of addressing Muslims

“Ya Ayyuhan Nas” — “O Human”

“or
“O Mankind”
(men + women)

Clearly, tells that status of women
is cannot be less than men

Both are given equal status in
Islam, unlike that of conservative
west.

Overview of Islam-given women status

(a) Status — Equal status — Equality

(b) Rights — Given — Social, Political, Economical

(c) Role — Influential Role In — Politics/leadership, Economics, Education.

(a- Status)

Equal Status

Islam considers women spiritually and intellectually equal to man

(b- Rights)

Social

Political

Economical

Right of justice

Right in inheritance

Right of freedom

Rights to divorced women

Right of freedom

Social opportunities

Right to health

Right to run government office

Right to vote

Right to rule

Right to express opinion

Right of citizenship

Right to hold

accountability

Right to earn

Right to trade

Right to job

Right to keep money

Right of Mahr

Right to spend on herself

Right in inheritance

(c. Role)



Sovereignty belongs to Allah and a ruler is Allah's representative (Al-Quran)

On question of Sauda Binte Zaid Holy Prophet said "It is permitted by Allah for you to go out for your needs"

Holy Prophet said: "It is mandatory for both men and women to get education"

The ruler can be both a man or women.

Hazrat Khadija as a trader, demonstrate that women can also perform economy related roles in Islam

For Instance
Hazrat Umar, as a Caliph appointed (Shifa - Binte Abdullah) supervisor of Bazar

Shows that women can perform leadership roles in Islamic sphere.

Role of Muslim women in education can be calculated from example of
of 193
(a) Hazrat Aisha "greatest Muslim Scholar"
(b) Fatima al-Fihri founded 'Al-Qarawiyy' university of world in Morocco in 859 C.E

Synthesis

Islam gave equal status and rights to women and allowed to play all role that Muslim men can.

Comparative Analysis

Demands in Feminist Movement	Scope in Islam
(a) Equal Social Rights	Given
(b) Equal wages for equal work hours	Allowed
(c) Gender Equality	Already given
(d) Right of liberty	Already given
(e) Choice to marry or not	Islam made marriage a 'Sunnah' and base of social construction and not mandatory
(f) Educational Rights	Islam has strictly order to give educational rights to women
(g) Equal opportunities for economic participation	Already given.
(h) Right in inheritance	Given when no western women had right in property or inheritance

Deductive Analysis

Conservative
west

When western school of thoughts
said:

Charles Darwin

"Women can never
be intellectually equal
to men"

Thomas Jefferson

"Place of women
is in home not in
public office"

Islam emphasized on equal social
economical and political rights of women.

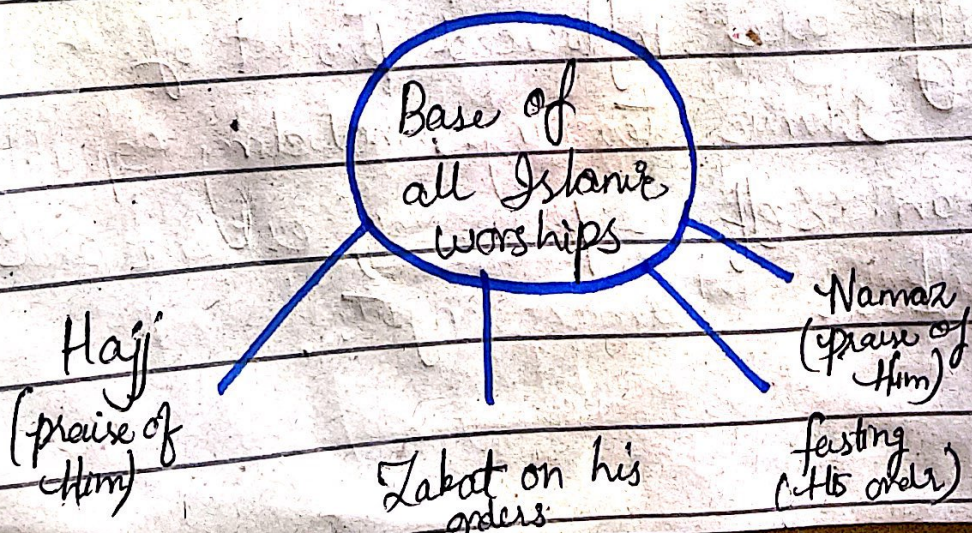
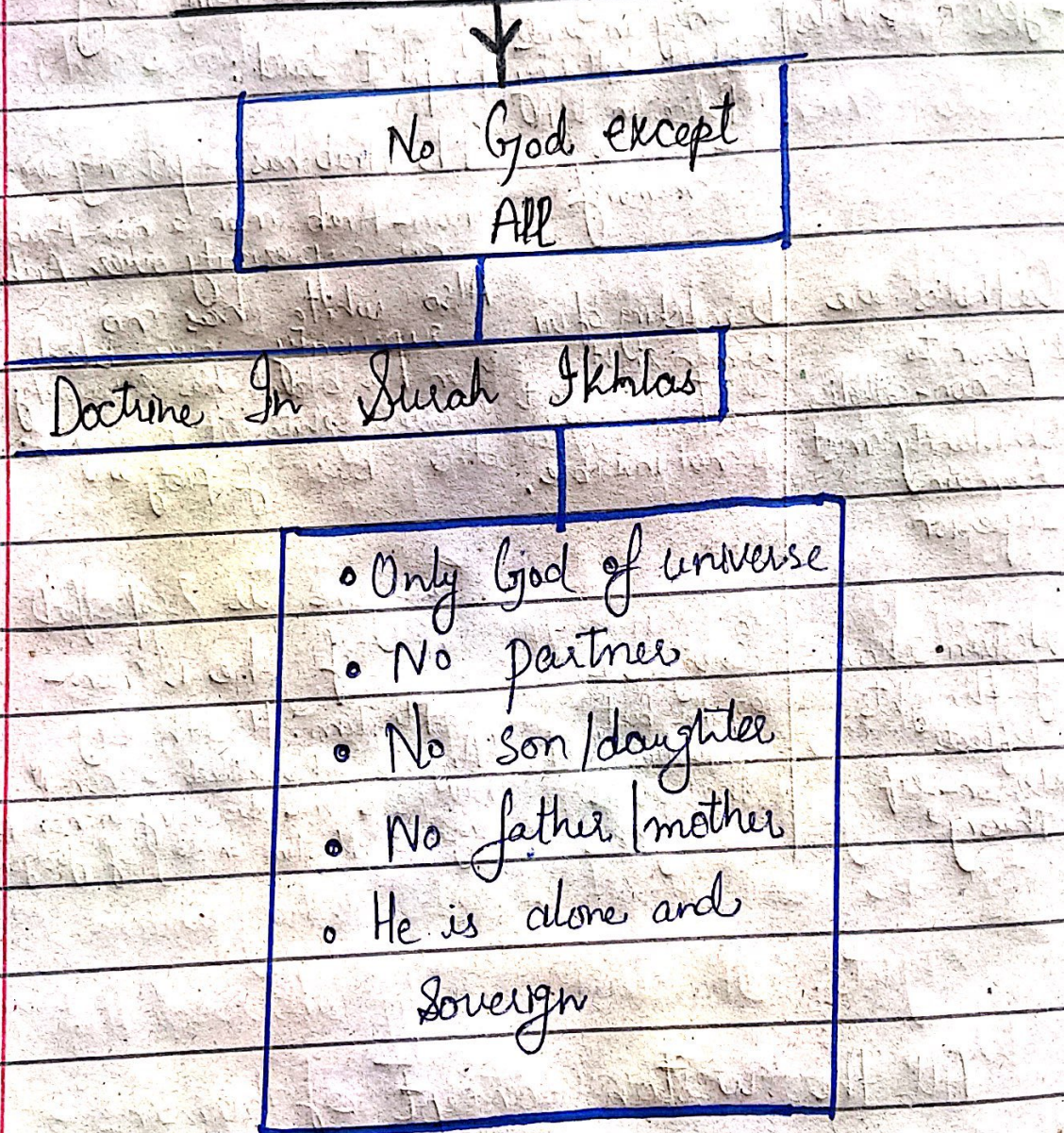
Broad
sketch
Islam

Critical Analysis

Beside all the rights given to
women, lack of Islamic education
and guideline has led Muslim men
to be ~~the~~ culprit of demolishing women
rights. It is commonly observed that
Women in Islamic countries has more
gender-gap than west. Whereas in
past including Khilafat era Muslim
women had much more rights
specifically in education and employment
but it is totally opposite today.

— (Question: 06) —

Doctrine of Tauheed in Islam



impacts on individual life.

(Introduction)

1st article of faith that refers to oneness of God.

Islam calls to belief that sovereign lord of universe is Allah and is without any partner.

He has a sublime nature far beyond limited conceptions of humans (one of His Creations)

He is not a mere concept of philosophy, existence of universe itself testifies the presence of a God.

(What exactly Tauheed means?)

Need of a deity

It is ingrained in human nature that he has inner need to worship a deity deity.

It is because of 2 main reasons:-

(i) Human is weak, fragile and needy.

(ii) He depends on multiple factors for survival.

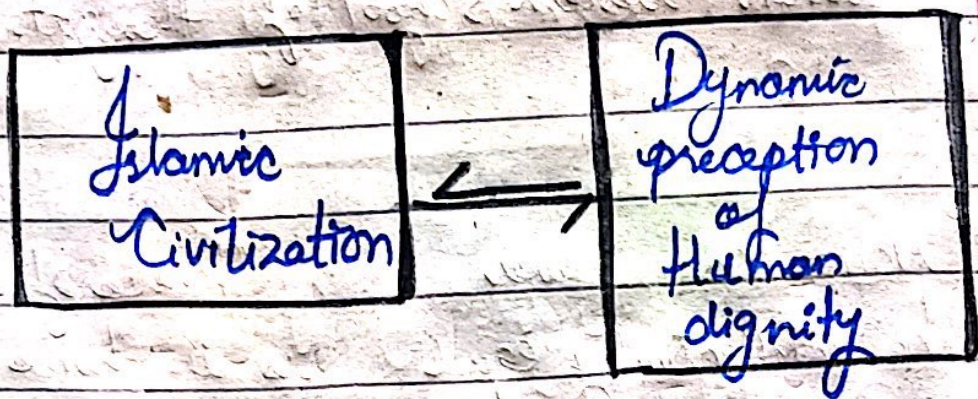
Ancient concepts of God

From Durkheim's theory of totemism, it was put forward that in ancient times humans started worshipping a totem (stone tree)

Impact of Tauheed on a person's life

Impacts one to become	How?
1. Open mindedness	A Muslim understands that everything is a subject of his Lord and his love interest doesn't remain confined to any particular group.
2. Self-esteem	Believer understands that only Allah has power over his affairs and only He wields authority. He never bows his head in front of anyone else.
3. Modesty and Humbleness	He knows that everything he has is given to him by Allah and He can take it back whenever He wants.
4. Virtuous and upright	He knows that Allah is his only mean of success and salvation. He doesn't look to others as his gateway to prosperity.
5. Optimistic	Faith in dependence ^{on} Allah and that Allah will never leave his side if he is struggling for a good cause.
6. Determination, Perseverance, trust in Allah	Strong belief that Allah will help him through every step and is always watching him.
7. Peace and Contentment	Believer understands that Allah bestows wealth and fortunes as He, and only He wills leading to removal of jealousy, hatred etc.

Question: 04



Human Dignity

Human dignity reflects the worth of human and is generally treated as moral basis of human rights.

Islamic Civilization

System of life maintained through primary teachings of Islam.

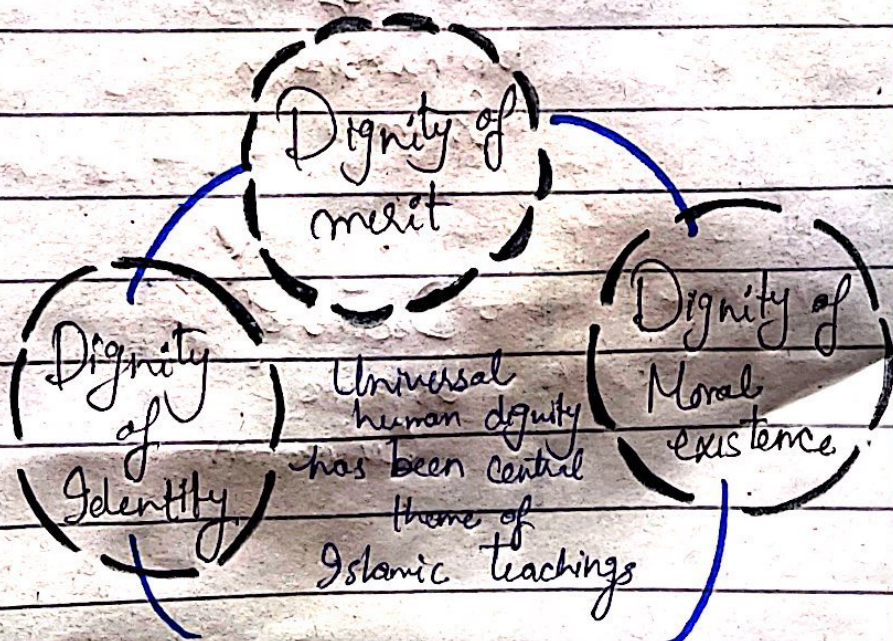
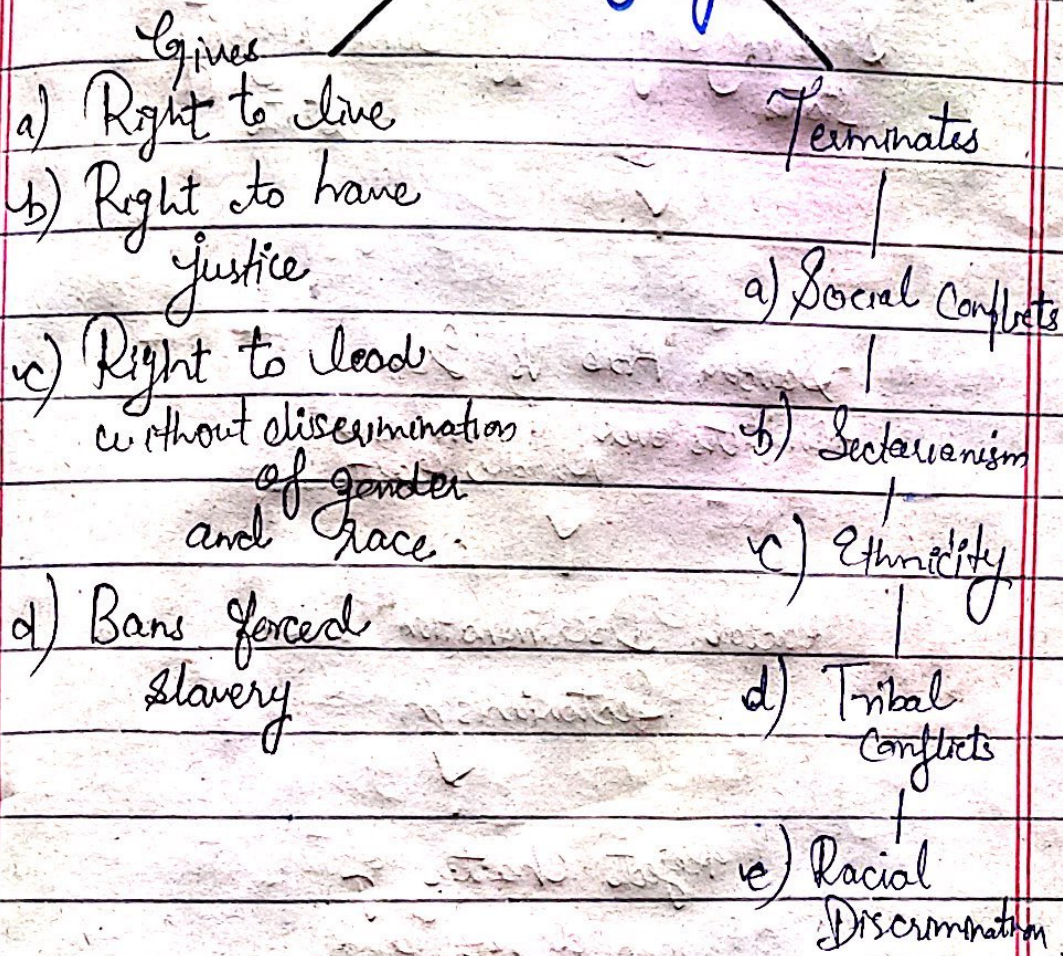
How they interrelate

Primary teachings of Islam show that Quran has given the concept of "Karamah-al-Jansan" that is human dignity.

Therefore there is deeply connected with Islamic civilization.

Concept of Human Dignity in Islam

Human Dignity



Where do Muslims forget charter of human dignity

Shia — Sunni
Conflicts

Shia majority states vs Sunni Majority states

For instance
- Saudi Arab Vs Iran
- Conflicts over Yemen and Middle east

Racial Discrimination and Sectarianism

Rejects charter of human dignity and Brotherhood in Islam

Decline of Islamic Civilization

Comparative Analysis

West		Islam
Conservative West	Radical West	
Blacks are inferior to whites	Equality is only in words. Black killed by police in USA is still a fresh memory.	In Farewell Sermon Holy Prophet said: "No Arab has superiority over non-Arab nor a non-Arab has superiority over Arab. Also white has no superiority over black nor a black has superiority over white. It is only on the basis of piety."
Catholics are superior to non-catholics. Christianity must remain superior.	Demanding of UN human rights charter in different western countries is not visible.	Everyone is respected even if he is non-Muslim. Hadith say: "Anyone who killed a non-Muslim will see me advocating for him against Muslim on day of judgement"
Western school of thoughts reflects 'Mission-self theory'	Everyone is equal but Muslims don't include in everyone.	

Conclusion

All the western concept of human dignity are influenced product of Islamic teachings, including equality human self respect, self esteem and basic human rights.