

General Instructions

1. Give numbering to headings.
2. Do not write lengthy paragraphs. Write medium sized paragraphs with headings.
3. Do not use table for comparison and contrast questions.
4. Draw figures/diagram/flowchart where needed.
5. Start new question from fresh page.
6. Write unit of the answer in ability section.
7. Explain mathematical steps and the reasoning for better score.
8. Change colour scheme for references to give them more visibility.
9. Manage time well.
10. Wide page borders are discouraged. Should be reasonable.
11. Avoid writing wrong references.
12. Give more weightage to expressly asked part/s of the question.

The lungs do the left side of the heart. Pulmonary veins transfer it to the left atrium. Bicuspid valve opens up and throws the blood into left ventricle. The left ventricle compresses it to aorta and then to the body.

Overall human heart is an important organ for a human to remain healthy and fit.

Ans. B ~~Intros~~

Introduction

Carbohydrates are the macronutrients. It is essential for human brain to work properly and smoothly. Moreover, carbohydrates are the primary source of energy to the body. Carbs are in abundance in milk, rice, dates, bread and sweet potatoes. However, the deficiency leads to ketosis.

→ Classification:

Carbohydrates can be classified into three main categories based on number of sugar units they contain.

3 Monosaccharides:

Monosaccharides are all simple carbohydrates and consist of a single sugar unit. They can't be divided further. And examples are: glucose, fructose, and galactose.

2 Disaccharides:

Disaccharides are carbohydrates composed of two monosaccharide units joined by a glycosidic bond. When they are divided through hydrolysis, they break down to constituent monosaccharides. Examples are glucose + fructose = sucrose, glucose + galactose = lactose.

3 Polysaccharides:

They are complex in nature and are formed by the combination of multiple monosaccharide units. They have sugar units in abundance. They are used for energy storage. Some examples are, starch, glycogen, and cellulose.

Thus, carbohydrates are vital source of energy for human and for human brain to work properly.

Aus

Intro:

Water pollution is the contamination of water bodies, such as, oceans, canals, streams and rivers and also the aquifers, by harmful substances. These substances can be either natural or anthropogenic in nature. Water pollution cause stomach issues and water bone diseases.

Types:

There are many types but some important are:

a. Biological Pollution:

occurs when a harmful microorganism, such as bacteria, virus, etc., contaminate water sources and lead to waterborne diseases.

b. Nutrient pollution:

occurs when excessive amount of nutrients from agriculture run-off, sewage discharge and fertilizer use enter water bodies. It causes oxygen depletion and leads to "dead zones", where aquatic life can't survive.

c. Chemical pollution:

occurs when harmful chemicals such as, metals, pesticides, industrial chemicals enter water bodies. This causes long term ecological imbalances, and disrupt food chain process.

Causes:

a. Agriculture

use of fertilizers and pesticides in farming lands can lead to nutrient pollution. Runoff waters from these areas enter water bodies.

b. Oil spills:

Accidental oil spill or deliberate one can cause water pollution, harm marine life and coastal ecosystems.

c. Land use practices:

construction activities, deforestation and rapid urbanization can lead to soil

Excretion and Secretion of water sources.

Conclusively, water pollution is the contamination of water bodies and thus can lead to health issues for humans.

1. Intro:

No doubt, the chief element of the body. The reason for this is its various important functions and keeping overall body functions.

2. Metabolism of Nutrients:

It is important for metabolism of carbohydrates and fats. It helps and releases glucose to regulate blood sugar levels, and converts excess sugar into glycogen.

3. Detoxification:

Another important function is detoxification. It eliminates harmful substances, such as drugs, alcohol and other environmental toxins from the body. It breaks down the toxins and excretes them via urine or bile.

4. Storage of Vitamins and Minerals:

The body stores vitamins A, D and B₁₂ and also iron. It releases these into the blood stream as required.

5. pH Regulation: The liver plays a

role in maintaining body's pH level. Acidic balance is important and regulated by elimination of bicarbonate ions.

5. Bile production:

The liver produces bile, a greenish-yellow fluid that helps in digestion and absorption of fats in the small intestine and then it is excreted via ~~faeces~~ faeces.

In conclusion, liver is considered chief element of the body due to its various functions such as, metabolism regulation, pH level regulation and detoxification.

Q 3

Ans. a,

Ans. b:

The kidneys are vital organs responsible for many important function in human body. It separates and removes nitrogenous waste from the ~~blood~~ body.

1. More role in urine formation:

Urine formation is a complex process and involves many components such as:

a. Renal artery: It carries the blood towards kidney and filters it.

b. Renal vein: It carries the filtered blood out of the kidney.

c. Nephrons: It is the basic

Structure and function unit
of kidney. It filters the blood
and form urine

d. Ureters:

A muscular tube which
is used as a way for urine
to filterate to pass on. Here the
peristaltic contractions of the muscle
push the urine downward till in the
urinary bladder. And the urine
is emptied by peristalsis completing
the process of waste elimination
from the body.

This kidney plays an important role
in formation of urine, which
is then excreted from the body
along with wastes.

Ans 5

ANS 5

Remote sensing is a technique
used to gather information about
the Earth's surface and atmosphere
from a remote area. Using satellite
or aircraft sensors. It is used for
scientific exploration of the area
of the planet without direct
physical contact.

3.

Pole in the environmental sciences:
It helps in recognizing the
macro features such as mountains, oceans,
and forests. Through remote sensing
environmental resources can be
monitored, e.g. forest cover, vegetation.

Detail and
diagram
missing.

Remote sensing helps in surveillance of grasses and forests and their melting and burning. While drafting environmental policy regarding any area, it helps in identifying and addressing environmental issues. Furthermore, it provides real-time data on floods, earthquakes and wild fire.

In a nutshell, remote sensing is a powerful tool for scientific research to gather information without coming in physical contact.

Aus 5

Intro:

Green house effect is a process in which the heat gets trapped into the atmosphere. It is a natural process; it is necessary for climate maintenance. If it malfunctions then the world will be in ice age.

Solar radiation including UV rays, and infrared rays trapped by the earth's surface and 80% is reflected back in space. Certain gases: CO_2 , CH_4 , N_2O , H_2O and O_3 have the ability to trap a portion of infrared radiation and warms the Earth's surface.

Benefits of greenhouse effect:
There are plethora of

Benefits, Such as, it regulates temperature. Earth would be much cooler without greenhouse effect.

Greenhouse effect helps in a stable climate, providing a habitable environment for ecosystem and human civilisations to thrive.

Furthermore, greenhouse gases like water vapor and CO₂ are vital for agricultural practices. They support the growth of crops and plants by trapping heat and maintaining livable environment.

2. Contribution to global warming:

The natural greenhouse effect is beneficial for humans but the enhanced greenhouse effect has resulted in global warming, which refers to the gradual increase in the Earth's average surface temperature over time. ~~How~~ is how it is done.

a. Increased in trapping of heat:

With enhanced greenhouse effect, the infrared radiation is trapped and re-radiated to the earth's surface.

b. Climate feedback:

Global warming can trigger feedback loops in the climate system, exacerbating the temperature increase. For instance, ice and snow melt due to warming, less sunlight is reflected back in space, leading to

Global warming.

Altered weather patterns:

more and more intense
heat waves, droughts, storms and
changes in precipitation ~~patterns~~ patterns,
affecting the ecosystem and human
population.

d. Rising sea levels:

Polar ice-caps and glaciers
melting will lead to rise in
sea levels. This poses a threat
to coastal communities.

This greenhouse effect is a natural
phenomenon and has many benefits
such as, maintaining a suitable temperature
and giving a breeding space to human
civilization. However enhanced greenhouse
effect has given a urge to global
warming which is concerning for
the humans.

Ans. 2. Methods:

Food preservation methods are
used to increase the shelf life
of food, preventing it from deterioration
and maintaining its nutritional value.

Food preservation is not a new
method, during times of scarcity,
various methods were used.

Some food preservation methods are:

Salting:

The oldest method of
preservation of animal food salt is

applied to food items, which draws out moisture and creates a hostile environment for bacteria.

2 Fermentation:

A preservation method where microorganisms, such as bacteria or yeast on food creates an acidic environment and stops the growth of harmful bacteria. Such as, yogurt, and pickle.

3 Smoking:

Food is exposed to smoke, where the smoke dries the food and add antimicrobial properties, extending its shelf life.

4 Freezing:

A wide practice, where the temperature is set on freezing levels to inhibit the growth of microorganisms on food.

5 Canning:

is the process, where the food is sealed in airtight containers and heat killed to kill the bacteria inside. The heat kills enzymes that cause spoilage and hence result in longer shelf life.

conclusively, food preservation is used to extend the shelf life of foods. By food preservation techniques, food is preserved and not subjected to waste.