

## General Instructions

### Environmental Science

- Q2) 1) Give numbering to headings  
2) Do not write lengthy paragraphs. Write medium sized paragraphs with headings.

3) Do not use table for comparison and contrast questions.  
4) Draw figures/diagram/flowchart where needed by adopting a multi-stakeholders and comprehensive consultative process with assistance from Canadian International Development Agency (CIDA).  
5) Start new question from fresh page.  
6) Give around 15 headings for 20 marks question.

7) Every question should have introduction and conclusion paragraphs.  
8) Change colour scheme for references to give them more visibility.  
9) Manage time well.  
10) Wide page borders are discouraged. Should be reasonable.

- 11) Avoid writing wrong references.  
12) Give more weightage to expressly asked part/s of the question.

NCS has set a ~~mtb~~ number of objectives to achieve and also the principles through which these principles are achieved. The core objectives are conservation of natural resources, sustainable development and efficient use and management of resources. The NCS must ensure that these objectives are achieved by enhancing Public-Private ~~partner~~ partnership in development and environmental management. By merging Environment and Economics in decision-making and by also focusing on durable improvements in the quality of life in Pakistan.



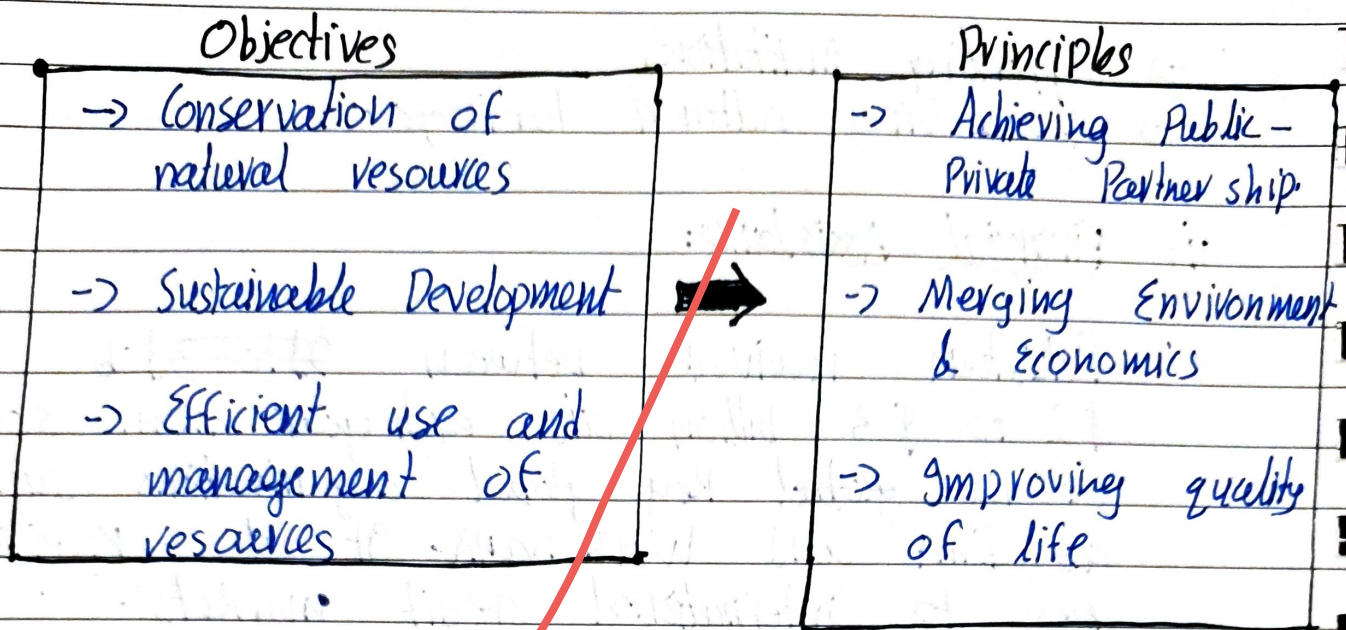


Fig 1 : Overview of Objectives

### 3) Key Areas of concern:

The NCS has set priority of the 14 following areas:

- Maintain soil in crop lands
- Protecting water sheds
- Restoring range lands
- Protecting wetlands
- Protecting Energy Efficiency
- Urban waste management
- Integrating Population and Environment
- livestock
- Support ~~forestry~~ forestry
- Irrigation: efficiency.
- Renewable energy
- Conserving Bio diversity



- > Supporting institutions
- > Preserving cultural heritage.

#### 4) Financial Assistance:

Avoid cutting.

Pakistan received between ~~2 to 3~~ \$2 to \$3 billion aid each year from some of the global key global organisations such as IMF and World Bank. It also received access to international credit markets.

#### 5) Institutional Components of NCS:

The NCS unit was created in Environment & Urban Affair Division (E.U.A.D.), this was done to enable the coordination and monitoring of NCS implementation process.

The NCS unit was also for managing an NGO Fund of staggering Rs. 30 million. This fund was to be used to render financial assistance to NGOs in developing and implementing environment related projects.

#### 6) Modus Operandi of NCS:

The NCS was able to locate the deep rooted problems that needed to be nipped in the bud. In accord with the NCS national primary agricultural non point source



• Pollutants are nutrients, sediment, animal wastes etc. Agricultural non-point sources enter surface water through direct surface runoff or through seepage to ground water. Various farming methods produce erosion which produces a sediment that can damage fish habitats. This affects changes to aquatic habitat like decreased oxygen. This can lead to Eutrophication.

The two key values, that the NCS determined crucial in transforming attitudes and practices were, the restoration of conservation ethic derived Islamic moral values, ceantas, and, revival of community spirit.

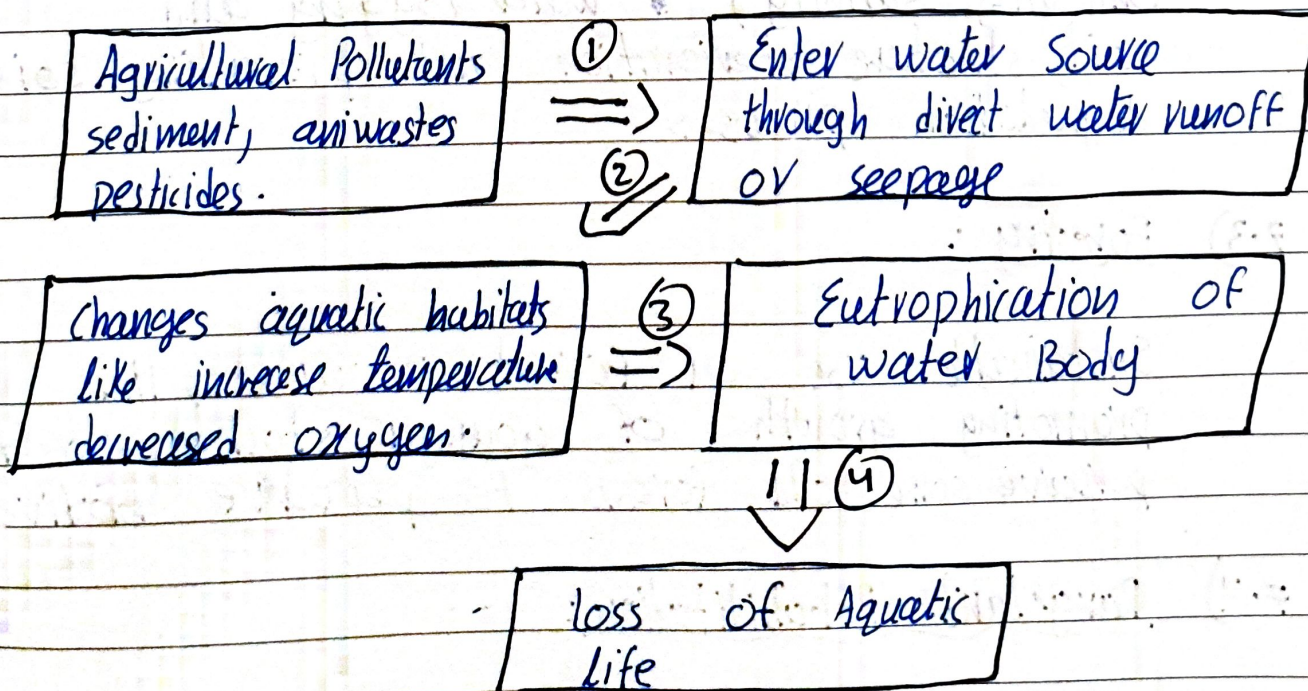


fig 2 : Overview of the Problem



## 7) Policies Adopted by NKS:

The NKS adopted policies in different sectors to mitigate the situation. There are as follows:

### 7.1) Agriculture:

The agricultural policy encompasses halting the over use of soil, frequent checks to determine degradation processes, managing water runoff and restoring degraded soil.

### 7.2) Managing soil/water Resources in irrigated areas:

controlling salinity, water logging and soil structure deterioration and preventing soil degradation processes.

### 7.3) Forestry:

Sustainable use of forest resources, thus promoting growth of younger stock. Also to preserve some old forests to preserve biodiversity.

### 7.4) Rangeland Rehabilitation:

Facilitate private investment in rangeland development for commercial livestock.



### 7.5) Water Management:

: Increase water charges for all farmers to meet operating and maintenance costs. Also to seek solutions to salinity/sodicity and water logging problems.

### 7.6) Pollution Control:

Augment the use of coal for electricity to meet demand and reduce pollution by using least polluting technology. To develop alternative sources to meet ~~et~~ energy demands.

### 7.7) Solid Waste:

To promote reuse and recycling and also to effectively use of scavenging systems.

### 8) Conclusion:

In a nutshell, the NCS was a pioneer of conservation strategy in developing world. It had the potential to mitigate the dire environment impact and create a sustainable and environment friendly Pakistan.



Q3) 1) Introduction:

Environmental Pollution is a big challenge for the contemporary world, as it impacts almost every aspect of daily lives. The modern world has just come to realise the dire effects of pollution on humans life and therefore robust measure are under way to mitigate the situation. ~~In this~~

2) What is Environmental Pollution:

Refers to an unwanted change in environment caused by the introduction of harmful materials or the production of harmful conditions (heat, cold, sound). It can also be defined as undesirable change in the physical, chemical or biological characteristics of air, water and land that may be harmful to human life or animals.

3) Key Aspects associated with Environmental Pollution:

Some important concepts related to Pollution are as follows:

3.1) Contamination: making something unfit for particular use due to presence of undesirable material.



3.2) Disease :

Imb. to Imbalance between an organism and the environment.

3.3) Toxic Materials:

material that are toxic to people and other living organisms.

3.4) Synergism :

is whereby actions of different substances produce a combined effect greater than the sum of the effects of individual substances.

3.5) Area Sources :

Diffused over the land and include urban runoff and mobile sources such as auto mobile exhaust.

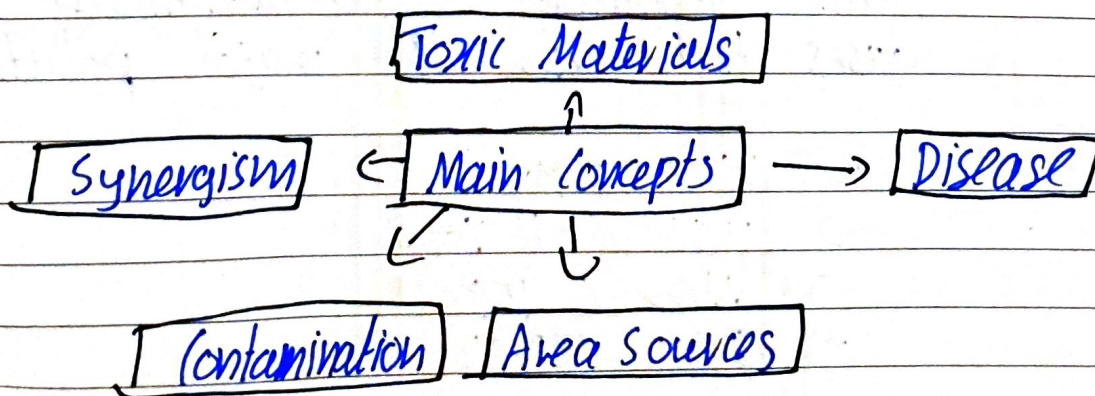


Fig 1: Overview of Key Concepts.



#### 4) Effects of Environmental Effects:

Categories of environmental pollution pollutants include persistent organic pollutants, such as pesticides, dioxins, heat, noise, air etc. Following are the type of environment pollutant and their effects:

##### 4.1) Air Pollution:

The WHO defines air pollution as the presence of materials in the air in such concentration which are harmful to man and environment.

##### 4.1.2) Effects:

Air Pollution affects visual qualities, vegetation, animal, soils, water quality, natural and artificial structures and human-health. Following is the weightage of gases that cause the major pollution

→ CO (58%)

→ VOC (11%)

→ NO<sub>x</sub> (15%)

→ SO<sub>2</sub> (13%)



## 4.2) Water Pollution:

Is the degradation of quality that renders water unusable for its ~~need~~ intended purpose. The primary water pollution problem in the world is the lack of disease-free drinking water. Major categories of water pollutants include disease-causing organisms, heavy metals, organic chemicals, acids etc.

### 4.2.1) Effects:

Give subheadings for each effect.

The direct effects include water-borne diseases, Erosion of soil, Deforestation, damage to aquatic life etc.

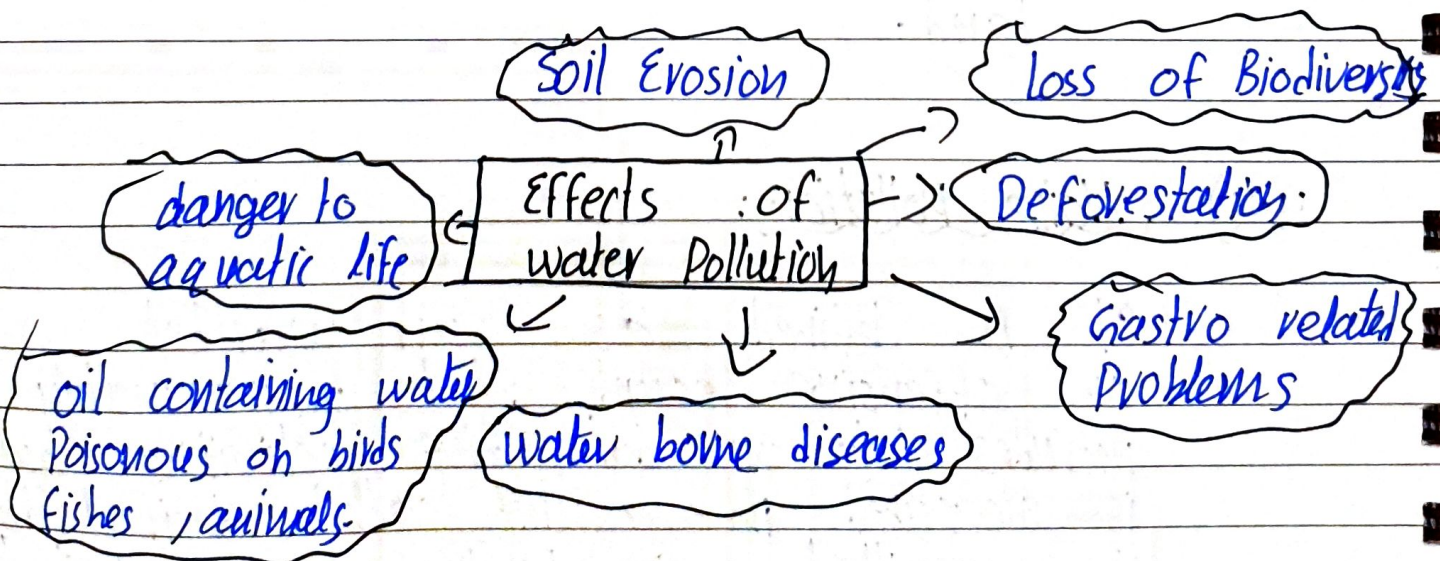


fig 2: Effects of water Pollution.



### 4.3) Soil Pollution:

Soil Pollution is defined as contamination of soil system by considerable quantities of chemicals or other substances, resulting in the reduction of its fertility or productivity with respect to qualitative and quantitative yield of crops.

#### 4.3.1) Effects:

Soil Pollution can lead to food shortages. Continuous exposure of eroded soil to the sun for longer periods may transform into rocky in nature, resulting in desertification. It can decrease the extent of agricultural land.

### 4.4) Noise Pollution:

It is defined as an unwanted or offensive sound that unreasonably intrudes into our daily lives activities. Sound is measured in a unit called decibel (db). The permitted noise level is 125 decibels.



4.9.1) Effects:

Noise Pollution can have serious health and safety risks including but not limited to  
 - Mental disorientation, causes accidents  
 Nausea, stress, Dizziness etc.

### Effects of Environment Pollution

Noise  
~~Air~~ Pollution

Air  
~~Noise~~ Pollution

~~Soil~~ Pollution  
 Soil Pollution

- > Dizziness
- > Nausea
- > Stress
- > Mental disorientation
- > Respiratory Problems
- > Deterioration in Concentration

- > loss of visual quality
- > Affects vegetation
- > Respiratory Problems
- > Affect animals

- > food shortage
- > decrease in agricultural land
- > Desertification

### Water Pollution

- > Soil Erosion
- > Water Borne infections
- > Deforestation

Fig 3 : Overview of Env Pollution



5) Conclusion :

To sum up, ~~water~~ Environmental Pollution can impact many aspects of daily lives and can result in many health and safety risks. Therefore meticulous planning and robust measures are essential to curb the damages.



~~Q7~~ ~~Q7)~~

Q7) 1) Introduction:

Eutrophication is a type of water pollution which, if left unmonitored, can cause severe issues and lead to serious loss of biodiversity.

2) What is Eutrophication:

Eutrophication is defined as a natural or artificial addition of nutrients to water bodies that can, with the passage of time, can pollute the water and cause massive biodiversity loss.

In simpler words, it is denoted by ~~an~~ the excessive plant and algae growth in the water bodies due to increased levels of nutrients it receives in the form of nitrates and phosphates.

3) Process of Eutrophication:

Fertilizers flow into water bodies and



cause excessive growth in plant and algae. ~~in the water body~~. As the algae dies and decomposes, the high levels of organic matter and the decomposing depletes the water body of its oxygen content. Furthermore the algae covers the surface of the water-body, preventing the sunlight to penetrate. As the oxygen content decreases, the ~~living~~ ~~organisms~~ aquatic life does not receive adequate oxygen to sustain and therefore eventually die.

### Process of Eutrophication

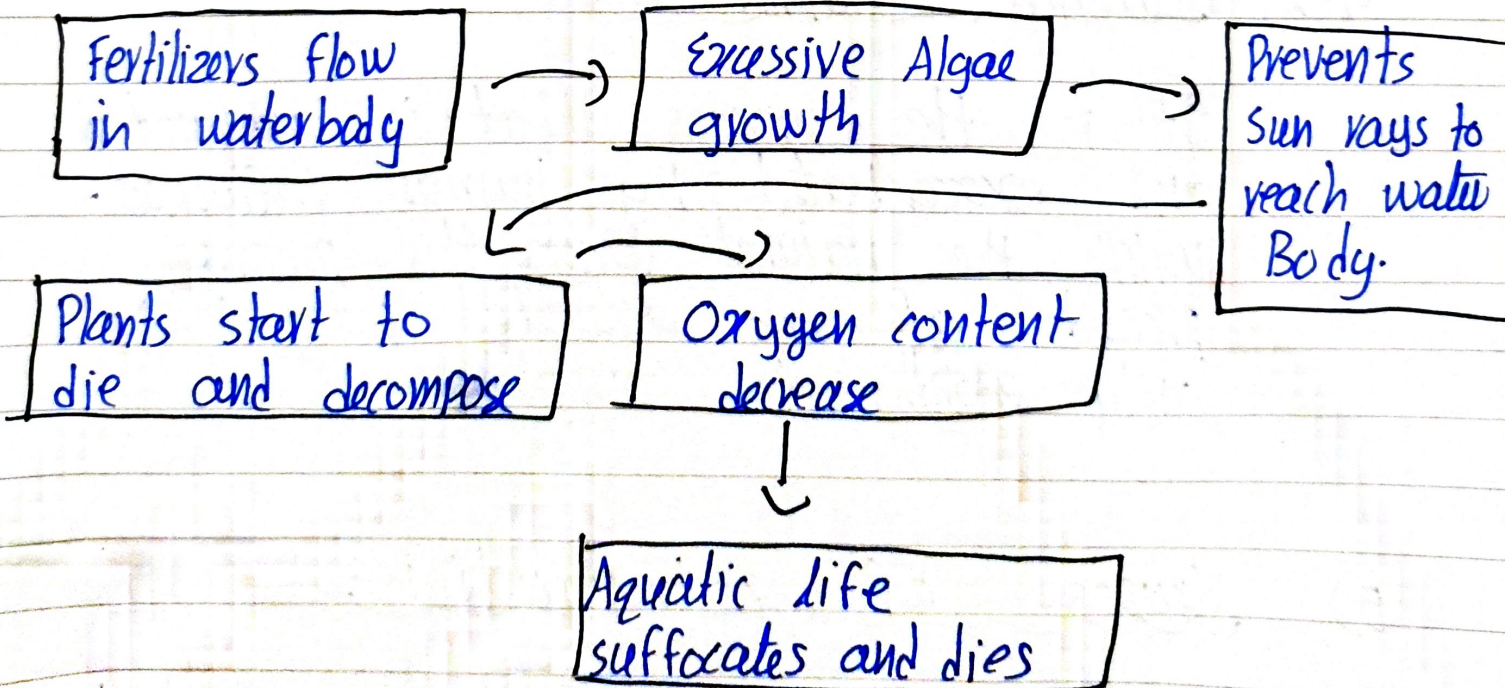


Fig 1: Process of Eutrophication



#### 4) Types of Eutrophication:

Eutrophication is divided into two categories as follows:

##### 4.1) Natural Eutrophication:

It is the natural eutrophication ~~of~~ takes place without any human influence. The eutrophication process begins and gradual proceeds slowly during decades.

##### 4.2) Cultural Eutrophication:

It is the process that is accelerated and exacerbated by human influences. Unlike the natural form, this process proceeds at an accelerated pace, taking only months to complete.

#### 5) Causes of Eutrophication:

There are sundry causes of eutrophication and some of them include.



sewage effluents, Organic wastes, Agricultural run off etc

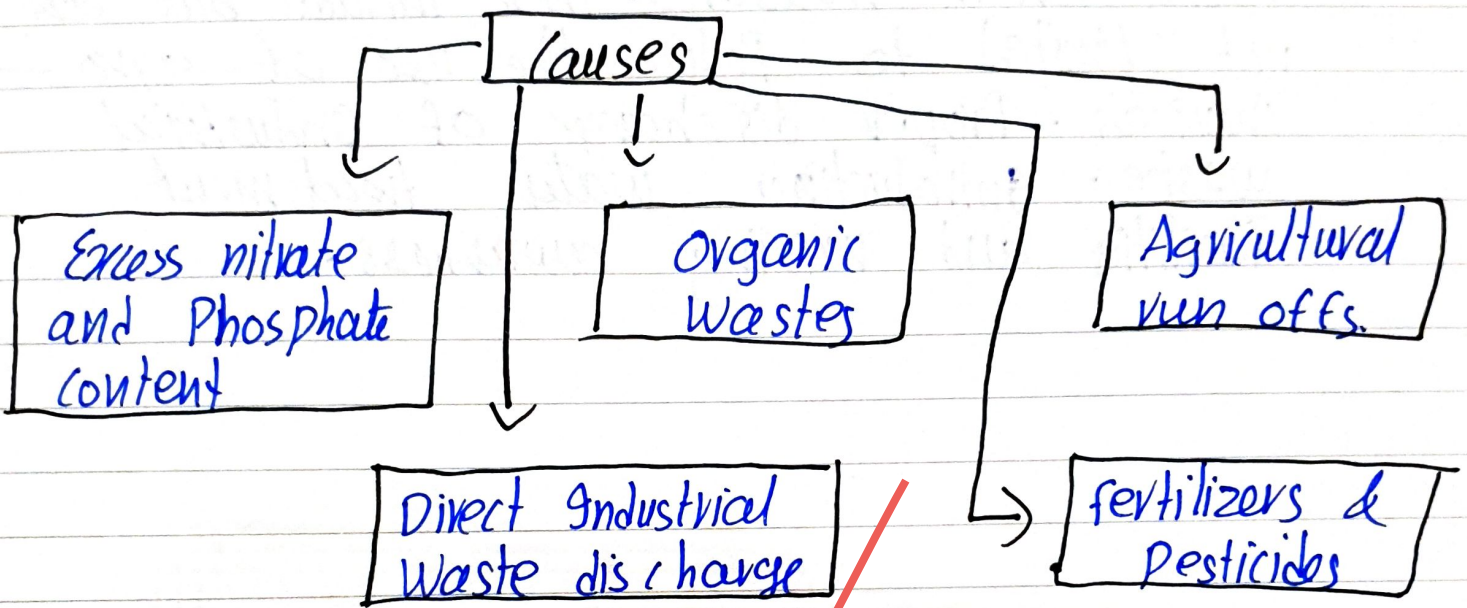


fig 2: Overview of causes.

6) Effects:

The effects include water clarity. It also affects the colour and taste of the water. As aforementioned it leads to a massive loss in Biodiversity.



7) Solutions:

The process is natural and will occur, even though but the acceleration can be halted by taking certain measures. These include but are not limited to Reduce the use of agro-chemicals. Proper discharge of industrial waste. Introducing water treatment facilities and raising awareness.

