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Most of us fail in our efforts for self-improvement as we are too motivated, however, we do not have time to ~~can~~ carry out the activities. Not only this, some resolutions are beyond to accomplish even then, we attempt to attain them. ~~Extreme conditions at the start of New Year Vanishes with the passage of time.~~ <sup>In addition to this,</sup> most of us also experienced failure that results into frustration to ~~bulge~~ our efforts. So, all these factors are obstacle in our efforts for self-improvement.

② It is a basic mistake to announce our resolution to everybody because in this way, we look more silly, when we do not accomplish them. People might taunt us. Not only this, if we announce our resolution, we ~~it~~ might pretend to complete our task instead of actually doing it.

with heart. In this way, we exhaust ourselves. Thus, it is a basic mistake to announce our resolution to everybody.

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The writer did not carry out his resolution on New Year's Day as he was doing enjoying and doing partying. An overnight party provided him with an excuse to for not carrying out both of his resolutions. He / did not step

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Intimidating: Formidable

Peril: Pitfalls

dwindle: diminished

Repel: ~~attract~~, Resisting

Barb: Pretending, Betrayed

General instructions:

- a- Answer must start from the question statement
- b- It should be of at least 2 sentences; single sentence answer is not permissible
- c- Do not add your own opinion unless you are asked for; ideas must be contextual to the passage
- d- Avoid replicating phrases from the passage; you may extract/copy words from it.
- e- Give a closing end to each answer
- f- Ideal length of answer is 5-7 lines. Avoid too lengthy answers
- g- Also, do not begin answers with the words, " Yes, No, And or Because "