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Q1 Why most of us fail in our efforts for self-improvement?

Ans Most of us fail in our efforts of self-improvement because we set unattainable goals. We don't analyze our capacity of achieving the goals we set, nor we formulate the goals at first hand. Thus, we become ambitious and that daydreaming fail us.

Q2 Why is it a basic mistake to announce our resolution to everybody?

Ans We announce the ^{future} plans to everybody just to look cool. But when we fail in it, we look miserable and people ridicule us. So, the failures make us foolish after we announce our resolution to others.

Q3 Why did the writer not carry out his resolution on New Year's Day?

Ans On New Year's Day, the writer reminded himself from carrying out his resolution. The writer kept

He resolution to himself and formulated
some doable tasks, however; on a New Year's
Eve persuaded him a good excuse for
not performing his tasks. Conclusively, the
writer did not carry out his resolution
due to New Year's Day.

24. Find the words in the above
passage which convey similar meaning
to the following: a. intimidating b. Peril
c. dwindle d. rebel e. bash.

The word Peril is similar to "Pitfall".
The word intimidating is similar to "trapped".
The word dwindle is similar to "wane".
The word rebel is similar to
'fended off'.
The word bash is similar to "teunt's".