

M T W T F S

Q Why most of us fail in our efforts for self-improvement.

Ans The reason why most of us fail in our efforts for self-improvement is that sometimes we being overexcited set a very high target for ourselves that is beyond our energy and capacity. As a result we could not manage the time for them and fail to carry them out.

Q Why is it a basic mistake to announce our resolution to everybody.

Ans It is very basic mistake to disclose our plans and resolutions to everybody because in case if we become unable to work on them we seem very stupid and insane. Sometimes we also face criticism and backlash from opponents.

Q Why did writer not carry out his resolution on new years day.

Ans. An overnight party became the excuse for not carrying out the resolution on new years day. The overnight party led to exhausted and tiresome day with the hangover of full night drinking and dancing reasons.

M T W T F S

DATE: _____

intimidating (Formidable)

Peril (Pitfalls)

dwindle (Waned)

repel (resist) (fended off)

barb (taunt) (jibes)