

(10)

Q- Discuss the necessity and importance of religion for men and its effects on human life.

Outline

- > Introduction
- > Religion as Necessary for Individual Guidance
- > Religion as Necessary for Moral Character Building
- > Religion as Necessary for Social Order and Justice
- > Religion as Necessary for Meaningful Human civilization
- > Conclusion

→ Introduction

Religion provides divine guidance to human beings for living a meaningful, balanced, and disciplined life. It answers questions of purpose, morality, and accountability. Without

religion, human intellect remains limited and confused. Therefore, religion is necessary for personal reform, social harmony; justice, and long term civilizational stability and moral survival.

Human Confusion and Anxiety

Divine Guidance through Religion

Moral Discipline and Self Control

Social Justice and Responsibility

Stable and Purposeful Human Socialization

① Religion as Necessary for Individual Guidance

→ Religion Provides Purpose and
Direction to Life

Religion explains why humans are created and what they must achieve. It guides choices, goals, and priorities. When people know their purpose, they avoid aimless living. Faith connects daily actions with eternal success, creating responsible behavior, personal discipline, and clarity of direction in education, work, and family responsibilities.

Ayat

أَنَا الَّذِي خَلَقْتُ الْجِنَّ وَالْإِنْسَ

7
"I did not create jinn and humans except to worship Me"

→ Religion Controls Desires and Builds Self Discipline =

Religion trains individuals to control harmful desires through prayer, fasting, and moral rules. Such training develops patience, humility, and balance. Khurshid Ahmad explains in Islam: Its Meaning and Message that religious discipline protects humans from becoming slaves of passion, creating strong personalities capable of resisting social and moral corruption.

→ Religion gives Inner Peace and Emotional Stability =

Faith in God removes fear, loneliness, and despair from human hearts. Believers feel protected and hopeful even during hardships. This

emotional balance helps people face loss, illness, and failure calmly. Spiritual satisfaction becomes a source of strength, preventing depression and destructive behaviors that often results from hopelessness and material frustration.

Ayat

﴿ اَلَا بِذِكْرِ اللّٰهِ تَطْمَئِنُّ الْقُلُوْبُ ﴾
"Surely, in the remembrance of Allah hearts find peace"

→ Religion builds Responsible and Accountable Individuals :

Religion teaches accountability before God for every action. This belief creates honesty and sincerity even when no one is watching. According to Mawdudi in Islamic law and Constitution, internal accountability is stronger than legal

force. It produces self-regulated individuals who respect rules, fulfill duties, and avoid harming others deliberately.

⑤ Religion as Necessary for Moral Character Building.

→ Religion defines clear standards of Right & Wrong.

Human intellect changes moral standards according to interests, but religion provides fixed ethical principles. It protects society from moral confusion. Clear commands against lying, cheating, and injustice shape trustworthy personalities. Moral certainty builds social confidence, making cooperation possible and reducing harmful behaviors that destroy families and institutions.

Hadith

انا بعثت لائم مالا الا للاق
" I was sent to
perfect good character "

→ Religion develops Truthfulness
and Trustworthiness

Religion trains people to speak
truth and honor commitments. Social
life depends on trust between
individuals and institutions. Shibli
Naumani describes in Seerat-un-Nabi
how the Prophetic honesty built
confidence across society. Such
moral reliability strengthens trade,
family relations, and governance by
ensuring sincerity in all dealings.

→ Religion encourages Forgiveness
and Emotional Control

Religion teaches patience and

forgiveness instead of revenge. This control of anger prevents conflicts from growing into violence. Moral teachings promote tolerance, reconciliation, and peaceful problem solving. Families and communities remain stable when people forgive mistakes, reduce hatred, and prefer reform over punishment in everyday social interactions.

Ayat

﴿ وَالَّذِينَ ظَمَرُوا أَنفُسَهُمْ وَالَّذِينَ آخَرُوا النَّاسَ بِآيَاتِ اللَّهِ أَن يَحْكُمُوا فِيهَا وَالَّذِينَ حَبِطَتْ أَعْيُنُهُمْ وَالَّذِينَ كَفَرُوا بِآيَاتِنَا ۗ وَالَّذِينَ عَصَوْا أَمْرًا أَن يَصَدَّقُوا ۗ﴾

Those who restrain anger and forgive people

→ Religion Protects Human Dignity and Respect

Religion teaches that every human is honoured by God. This belief prevents exploitation, racism, and humiliation. Muhammad Asad

explains in Islam at the Cross-roads that respect for dignity is essential for moral societies. When dignity is protected, individuals develop self-worth and respect others regardless of social or economic differences.

⑤ Religion as Necessary for Social Order and Justice

→ Religion Establishes Justice as Social Foundation

Religion commands justice in courts, business, and family matters. It protects weak members from powerful exploitation. Social peace depends on fair treatment of all citizens. Justice reduces crime, resentment, and rebellion, creating stable societies where people trust

institutions and cooperate willingly for common welfare and collective progress.

Ayat

7 ان الله تعالى اذ قال
"Indeed, Allah Commands Justice"

→ Religion Strengthens Family System and Social Bonds

Religion regulates marriage, inheritance, and family duties. Strong families produce stable societies. Zafar Iqbal in Islamization of Pakistan explains that moral families reduce crime and social disorder. Respect for parents, care for children, and protection of women create emotional security and social continuity across generations.

→ Religion Promotes Collective Responsibility and Welfare.

Religion encourages helping the poor, supporting orphans, and caring for neighbours. Charity becomes moral duty, not optional kindness. Such responsibility reduces poverty and social tension. Welfare systems based on faith create compassionate communities where people protect each other instead of being selfish and ignoring suffering around them.

Hadith

ليس منا من لا يرحم صغيرنا
"He is not from us who shows no mercy to our young"

→ Religion Controls Power
and Prevents Tyranny

Religion reminds rulers that authority is a trust, not personal privilege. Fear of divine accountability

restrains injustice. According to Al-Buraey in Administrative Development as Islamic Perspective, moral leadership prevents abuse of power. When leaders follow ethical limits, citizens feel secure and political stability improves in society.

④ Religion as Necessary for Meaningful Human Civilization

→ Religion integrates knowledge with Moral Purpose

Religion guides how knowledge should be used for human benefits. Without ethics, science can destroy instead of serving. Religion directs education toward service, healing, and development. Moral guidance ensures technology improves human life rather than

creating exploitation, environmental damage,
and dangerous weapons that
threaten global survival.
Ayat

And say, My Lord, increase
me in knowledge

→ Religion Creates Cultural
and Civilizational Identity

Religion shapes values, traditions,
and social behavior. It preserves
identity across generations. Mustafa

Sabahi explains that shared
beliefs create cultural unity.

This unity protects societies
from moral collapse and cultural
confusion caused by uncontrolled
limitations of harmful foreign
trends.

→ Religion gives Meaning to Suffering and Sacrifice :

Religion teaches that hardships have purpose and reward. People remain patient and hopeful during difficulties. This belief prevents despair and social breakdown during crises. Sacrifice for truth and justice becomes meaningful, strengthening resistance against oppression and encouraging long-term struggle for ethical and social reform.

Ayat

7 $\text{إِنَّ مَعَ الْعُسْرِ يُسْرًا}$
Indeed, with hardship comes ease.

→ Religion ensures Continuity of Moral Values :

Religion transmits moral principles through education, worship, and social practice. In Islam,

and Secular Mind that Secular systems fail to preserve morality long term. Religious training protects societies from ethical decline, ensuring honesty, modesty, and responsibility remain alive despite changing political or economic systems.

good attempt. but the answer is lengthy and might affect your time management,

→ Conclusion

Religion is necessary for guiding individuals, building moral character, establishing justice, and sustaining meaningful civilization. It controls desires, strengthens families, protects dignity, and promotes welfare. Without religion, intellect alone cannot secure lasting peace or ethical stability. Therefore, religion remains essential for balanced personal development and harmonious social order.