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TOPIC: Degrading Environment in Pakistan Equates to Human Catastrophe Outline

A. Introduction

1. General Statement:

An unfortunate event
of Siachen portrays
the degradation of
environment.

2. What does it mean for environmental degradation?

3. Thesis statement:

Numerous hazardous
instances have proved
its existence. This phenomenon
has ~~contrasted~~ ^{contrasted} human beings
with various implications.
Therefore, it acquires mandatory
halt through tangible
measures.

B. Instances of Environmental Degradation in Pakistan

1. Air-pollution;

- a. Air Quality Index has
proved this fact
- b. This has resulted
in respiratory diseases

2. Melting glaciers;

- a. Number of glaciers
have reduced to 26
from 150 in 1880s
- b. Resulted in overage
heat of atmosphere

3. Contaminated Water;

a. Existence of fertilizers in rivers water

b. Pakistan's water declared unsafe for the purpose of drinking

c. How Environmental Degradation Creates Human Catastrophe in Pakistan;

1. Fosters diseases;

a. Diseases of blood pressure, diabetes and dengue in flood prone areas

b. Increasing frustration in youths

2. Results in migration;

a. Migration in 2022 floods

b. Abandonance of livelihood and livestock

3. Enhances women vulnerability;

a. Women confront the threat of harassment in bring water from distant place

b. Case in point: Women of Thar region have endured this menace

4. Ruins education;

a. Educational institutions remain closed during disasters

b. 3000 schools were transformed into refugees rehabilitation centers in flood plains

5. Brings economic crisis;

a. Disrupts the supply of goods due to blocked motorways

b. Lockdowns undermine the earning capacity of people

6. Enhances discord;

a. They arise the debate of canals and dams construction during disasters

b. Case in point: Dispute on side canals and Kalabagh dam.

D. Measures that can minimize the Degradation of Environment in Pakistan

1. Ameliorating National Climate Policy;

a. Supply of substantial funds to concerned people

b. Equipping the entrusted people with required equipments

2. Raising awareness;

a. Promoting awareness of educational institutions

- b. Pursuing the footsteps of triumphant nations
- c. Harnessing media for spreading awareness

3. Acquiring international attention;

- a. Nailing its concern on international forums
- b. Benefiting from the platform of Kyoto Protocol and Paris Agreement.

E. Conclusion

The shrank number of glaciers is the glaring example or evidence of environmental degradation in Pakistan. Immediate halt is mandatory to eliminate the growing discontent due to environmental degradation.

ESSAY

A Unfortunate event of soldiers loss still persists in the mind of every Pakistani. They lost their lives due to the fall of Ice-sheet. All of them got stranded in it. This fall happened due to glacier melt. Therefore, this tragic incident indicates human's vulnerability to constant degrading environment. Environmental degradation means the decline or eradication of natural environment. Its decline can be guessed from melting glacier, air and land pollution, rampant deforestation and the loss of biodiversity. This degrading environment entails multiple threats for humans. It exposes them to numerous diseases. It prompts them to an unprecedented migration owing to recurring disasters. Environmental degradation undermines the prospects of getting education for children. Women are faced with enduring harassment in

in the absence of near water resources. However, there exists a solution to every problem. Environmental degradation can also be resolved with persistent endeavours. Pakistan can combat this menace in various ways. Revamping and strengthening national climate policy can minimize its impacts. There is a dire need to adhere to the commitment of community awareness and pursuing the tenets of international organizations such as Kyoto Protocol and Paris Agreement. Hence, this essay will contain the instances of environmental degradation, its impacts on human lives and the tangible measures which can halt environmental degradation.

Firstly, escalating melting glaciers are the prove of environmental degradation. Glacier melting means the melting of ice-sheets, polar ice and solid ice bodies. It has reached its apex.

The number of glaciers has shrunk to 26 now. It used to be 150 in 1880s. Siachen is one of the major glaciers in Pakistan. It also faces extreme melting. The death of dozens of soldiers revealed its melting. Hence, glaciers melting are the outcome of environmental degradation.

Secondly, the polluted air testifies environmental degradation. Pakistan is among the most vulnerable countries in Air Quality Index (AQI). Air pollution means the abundance of toxic gases in the air. Recently, the cities of Multan and Lahore witnessed it. People confronted many hurdles owing to massive air pollution. There was witness of higher number of patients in hospitals. This pollution affects the age of people. People living in polluted environment live minimum life.

Hence, Increasing air pollution makes the environmental degradation as an undeniable phenomenon.

Last but not least, contaminated water testifies the fact of environmental degradation. Contaminated water means the water full of toxic materials. This water is not able of drinking. It contains perilous substances which can endanger human lives. The excessive use of fertilizers and industrial wastes enhances the contamination of water. ~~The~~ Pakistan's water quality is poor. Multiple reports have revealed this truth. Hence, contaminated water manifests the assertion of environmental degradation.

The above paragraphs discussed the instances of environmental degradation. The upcoming paragraphs will explain

its catastrophes on live of human. It brings dozens of diseases. Diseases mean unstable condition of health. Smog attracts diseases. It enhances the disease of respiratory system. There exists difficulty of breathing during smog season. Likewise, hospitals witness higher number of patients during smog days. Likewise, there are many diseases associated with recurring floods. Floods enhance the vulnerability of diseases among people. Diseases like blood pressure, diabetes, malaria, dengue and frustration remain at its apex during floods. The plights of women are also no different. They bear the brunt in the shape of maternal diseases and pregnancy. Hence, environmental degradation has amplified diseases among human beings.

Apart from prevailing diseases, it also intensifies the phenomenon of human migration. Migration

here means to abandon native area owing to emerging irritants like floods and heavy rainfall. Migration has reached its apex with deteriorating environment. People leave their homes to adopt refugee in camps and protected places. Tens of thousands of Pakistan pursued migration during odd floods. They endured hardships away from their homes. They were faced with the dearth of appropriate and substantial health and food facilities in refugees camps. Hence, deteriorating environment prompts human being for migration.

Besides, environmental degradation exposes women for ample vulnerability. Women vulnerability means manifestation to harassment and other hazards. Women have to travel away from their homes for obtaining water. The scarcity of water leads them towards high travelling

of distance. This travelling bring the threat of harassment and torture for women. The women of Thar are case in point. In water's absence, they had to travel far from their homes. Many women faced harassment in this pursuance of water. Thus, environmental degradation has added to the vulnerability of women.

Moreover, degrading environment robs the people's educational achievement. Education means the ability to read and write. This is already on its legs in Pakistan. 66 million children are still out of schools in this illiterate country. Similarly, environmental degradation arrives to strengthen this educational deprivation. Children confront difficulty to approach schools during disasters. Disasters disrupt their educational preservice. Schools and colleges remain off until the end of disaster for

months. Likewise, there appears elimination of educational infrastructure. Floods wash away the already available meager infrastructures for education. Similarly, educational institutions are converted into relief camps in many areas of Pakistan. They remain close for month to facilitate these refugees. Therefore, environmental degradation has added to the menace of illiteracy.

Moreover, fractured environment attracts economic turmoil. Economic turmoil means the impede and obstacle in economic activities. Frequent smogs block the main motorways. These motorways facilitate in the transport of vital goods. Whenever there exists smog, these goods fail to approach their desired destination. Ultimately, this blockage brings the decline in overall exports. Perishable goods get destroyed in the wake of these smogs.

Therefore, it would be just to blame environmental degradation for economic crisis.

Additionally, environmental degradation gives boost for discord among people. Discord here means bickering. Whenever any disaster hits the country, there arises the debate of dams and canals construction. However, these two issues have remained the bone of contention among various provinces of Pakistan. The provinces of Sindh and KPK hold reluctant stance pertaining these constructions. This widens the gap and undermines the national harmony among the already fractured unity. Hence, environmental degradation creates disunity among people of Pakistan.

The above paragraphs explained the detrimental impacts of environmental degradation on the lives of Pakistanis. The upcoming paragraphs will highlight

the tangible measures for controlling the evil of environmental degradation and its escalating repercussions. Firstly, there is a dire need to strengthen the already available National Climate Policy. It should be equipped with substantial funds and robust task force. No country has obtained robust and save environment without indefatigable measures. They have granted every possible assistance to the entrusted department. Therefore, Pakistan need to pursue and imitate the footsteps of those committed and dedicated countries to preserve environment protection.

Secondly, awareness can defeat environmental degradation. Awareness means to educate people about the importance of climate and environment. Unfortunately, this awareness is rarely found in Pakistan. Every country has incorporated

the topic of climate in ~~for~~ its curriculum. Pakistan lags in this aspect. It has to obtain the services of media and educational institutions to ensure healthy climate.

Not but not least, attainment of international focus is mandatory to eliminate climate degradation. Countries have devised the initiatives like Kyoto Protocol and Paris Agreement for ensuring climate preservation. Pakistan can harness these initiatives as a tool for raising its concern. It can attract the attention of the member countries towards its escalating vulnerability. This endeavour would assist Pakistan in obtaining their financial and sentimental support to combat devastation. Therefore, Pakistan should catch the attention and focus of international world concerning its climate vulnerability.

To sum up, it would not be wrong to say that environmental degradation has brought uncountable miseries for the people of Pakistan. The endeavours to halt it also appear minimal. Disasters have exposed people to multiple hazards. There exists higher number of patients due to the use of contaminated water and inhaling polluted air. Similarly, educational institutions are grappling to maintain its routine of educating children. There seems a huge elimination of biodiversity. This used to be the source of calmness and soothe for psychologically fragile people. The unfortunate incident of Siachen glacier testifies the existential threat of environmental degradation. However, unprecedented feats can eradicate this menace. Although it is a difficult task, Pakistan should pursue the strategy of developed nations.