

MOCK TEST I

ENGLISH ESSAY

Jahanzab Bixrani Batch 07A

Outline thesis statement and introductory paragraph and 3 Body Paragraph on

Outline

Introduction.

⇒ "Drugs take you to hell disguised as heaven" (Donald Lyn Frost)

⇒ Drug addiction among youth has become a serious problem worldwide.

Millions of young people are affected, and Pakistan is no exception.

⇒ Peer Pressure, Poverty and Weak Law enforcement increase the risk of addiction. This issue impacts not only individuals but also families and society.

Understanding the causes and consequences is important to find solutions.

Thesis Statement

⇒ Drug addiction among youth, both globally and in Pakistan, is caused by social pressures, mental health problems, and economic difficulties

Leading to serious health, academic and social consequences, which require urgent action and support.

Essay

1) Social and Psychological Causes

⇒ "The greatest glory in living lies not in never failing, but in rising every time we fall" (Nelson Mandela)

⇒ Peer influence and family instability are among the strongest predictors of youth drug initiation.

⇒ The UNICEF Multiple Indicator Cluster Surveys (MICS) indicates that, adolescents with weak family support system are significantly more likely to engage in high-risk behaviors, including drug use. In Pakistan, a 202 research paper published in Journal of Substance Use found that over 45% of addicted youth reported Peer Pressure as the first reason for initial drug experiment, while 38% cited family conflict and neglect.

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Physically, the World Health Organization (WHO) identifies depression, anxiety, and trauma as major underlying triggers for substance dependence. High levels of academic stress, specially in competitive exams/entrance, worsen the emotional distress.

Youth lacking access to mental health resources often resort to drugs as a form of self-medication, reinforcing the need for supportive community and institutional interventions.

2)

Economic and Structural Causes

⇒ "The price of inaction is far greater than the cost of making a mistake" (Kofi Annan)

Economic deprivation and unemployment are closely linked drug use, particularly among youth with limited socio-economic opportunities.

~~A Non Governmental~~

A United Nations Office on Drugs and Crime (UNODC) report shows that countries with high youth unemployment rates tend to have higher rates of drug misuses, as economic

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Frustration increases vulnerability to drug abuse.

In Pakistan where youth unemployment is estimated by Pakistan Bureau of Statistics to be over 23% many young individuals perceive drugs as temporary escape from hopelessness.

Structural weakness, such as porous borders with Afghanistan, facilitate the inflow of opiates and synthetic drugs, which make them easily accessible in urban and rural markets in Pakistan.

The Global Burden of Disease Study highlights that weak law and enforcement and insufficient rehabilitation centres compound crisis, as many addicted youth are unable to access treatment and social support.

Consequences of Drug Addiction.

An Ounce of Prevention is Worth a Pound of Cure
(Benjamin Franklin).

The consequences of youth drug addiction are far-reaching and affect individuals, families and societies at large.

On an individual level, addiction leads to serious physical and mental health disorders, including increased risk of infectious diseases such as HIV (Human immunodeficiency virus) and hepatitis, as noted in WHO drug use surveillance reports.

Academically addicted youth are more likely to experience poor performance, and school dropout.

Families face emotional trauma, financial strain and social stigma. From a broader perspective UNODC links high rates of addictions with increased crime, violence, and community disintegration.

In Pakistan drug trafficking networks are also implicated in funding criminal syndicates creating an

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added : national Security Dimension to
the Problem-

The combined effects undermine economic
growth, public health and social-
cohesion both nationally and globally.