

Essay

Drug Addiction among Youth: Causes and Consequences

1- Introduction

a- Hook

b- Background

c- Thesis Statement:

Drug addiction among Youth is growing global and national crisis which caused by Psychological stress, family neglect, peer pressure and socio-economic instability.

This crisis leads to devastating health, social, educational and economic consequences that endanger the future of society.

2- Causes of Drug Addiction among Youth

2-1) Individual and Psychological Factors

a- Stress, anxiety, depression and academic pressure.

b- Low self-esteem and identity crisis

2-2) Family-Related Factors

a- Lack of Parental Supervision and emotional support

b- Family conflicts and domestic

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Violence.

c- Drug use by family members

2.3) Social and Environmental Factors:

a- Peer pressure and social influence

b- Easy availability of drugs.

c- Influence of media, movies and social networks.

2.4) Economic Factors

a- Unemployment and poverty

b- Social inequalities and economic uncertainty.

2.5) Educational Factors

a- Poor educational environment

b- Lack of career guidance.

3- Consequences of Drug Addiction

3.1) Health Consequences

a- Physical diseases such as liver damage, weak immunity

b- Mental health issues i.e. depression, anxiety, stress

c- Risk of overdose and death.

3.2) Social Consequences

a- Breakdown of family relationships

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b- Increase in Crime, Violence and antisocial behavior

3.3) Economic Consequences

a- Loss of Productivity and Unemployment

b- Financial burden on families and health systems.

c- Contribution to poverty.

3.4) Educational Consequences

a- Poor academic performance and dropouts

b- Loss of opportunities and skills.

3.5) Legal Consequences

a- Criminal behavior (stealing, drug trafficking or violence)

b- legal troubles and having criminal record

4- Conclusion

Introduction:

According to world Health Organisation (WHO) over 30 million people around the globe have drug use disorder.

According to United Nations office Drug and Crime (UNODC) 18 to 25 year old age groups

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is associated with the maximum usage of drugs. Youth is the backbone of a nation, yet this ~~is a~~ vital segment is increasingly threatened by the growing risk of drug addiction. What often begins as curiosity or peer influenced experimentation which gradually turns into physical and psychology dependence which deprive young individuals of their health, ambitions and moral direction. In recent years the problem of drug addiction has intensified due to changing social values, family dynamics, academic stress and easy availability of drugs. Violence, conflict and family breakdown have also been considered as consequences of drug misuse. Drug addiction not only destroys health of youth but also increase crime, weaken families and national development.