

Date: / /

Day: M T W T F S

TOPIC:

" DELAYED MARRIAGES:  
CAUSES AND CONSEQUENCES "

Brainstorming

Causes

- 1- Societal pressure and unrealistic expectations.
- 2- Toxic Richa culture (Business deals)
- 3- Education timing influences marriages
- 4- Lack of cultural affirmation and religious institution
- 5- Parenthood is controlling rather encouraging.
- 6- Child care cost
- 7- Gender gap disparities.

Consequences

1. Emotional and Psychological challenges.
2. Pattern of isolation and self-sufficiency. / less compromise
3. Risk of divorce
4. Influence on social life.
5. Infertility and risk of health issues.
- 6- Lack of time to grow together

Huzaila Paper Mart

## Outline:

### 1. Introduction.

1.1 Hook

1.2 Building sentences

1.3 Thesis Statement: There are several causes related to unexpected unrealistic societal expectations, education timing, lack of cultural and religious affirmation, <sup>and</sup> gender gap disparities. Major significant consequences are emotional and psychological strain, isolation and self-sufficiency, infertility and health issues and inactive social life.

### 2. Causes of Delayed Marriage.

2.1 Unrealistic Societal Expectations.

2.1.1 Marriages are considered as business deals.

2.1.2 Societal pressure

2.1.3 Toxic Rashtra culture.

2.2 Education timing influences marriage timing.

2.2.1 Sharp decline in early marriages by education level.

(2018-IFS Analysis on 2016 data).

2.2.2 Extended education pathways

2.2.3 Career prioritization.

2.3 Lack of cultural and religious affirmation.

2.3.1 Decline in religious awareness.

2.3.2 Decline in family and societal pressure

2.3.3 Shift of perception: "Personal choice" rather than "religious obligation".

2.4 Gender gap disparities.

2.4.1 Unsupportive families / Lack of family support.

2.4.2 Parenthood considered as burden on women.

2.4.3 Religious contradiction.

### 3. Consequences of Delayed Marriages.

#### 3.1 Emotional and Psychological Challenges.

3.1.1 Emotional strain and depression.

3.1.2 Sexual frustration.

3.1.3 Increased use of dating apps.

3.1.4 Increase in harassment in society.

#### 3.2 Pattern of Isolation.

3.2.1 Self independence / self sufficient adults.

3.2.2 No room for compromise

3.2.3 Unhappy matrimonial life.

3.2.4 Risk of divorce.

#### 3.3 Infertility and health issues.

3.3.1 Decline in fertility after 35 specially in women with PCOs.

3.3.2 Risk of unhealthy babies / special babies (down syndrome, autism etc)

3.3.3 Health issues (e.g diabetes).

#### 3.4 Inactive social life.

3.4.1 Unmarried adults show less participation in gatherings.

3.4.2 Low self-esteem

3.4.3 Dull and gloomy life

## Conclusion

4.1 Thesis restated, summary of the essay.

4.2 Future action and concluding thought.

## Essay:

In Islam, marriage is completion of one's half faith, yet in modern times people are taking it/perceiving it as "personal choice", rather than "religious obligation", delaying it or often disregarding it. This shift of perception is linked to transformation in cultural, social and economic structures.

The 2018 analysis report of Institute of Family studies shows from the data of 2016 23% of the 25-year old adults were married which becomes half in 2000's. Marriage once seen as foundation of adulthood is now seen as a burden. There are several causes related to unrealistic expectations and societal pressure, lack of cultural and religious affirmations,

Date: / /

Day: **M T W T F S**

education level timing, and gender gap disparities. Major significant consequences are emotional and psychological challenges, patterns of isolation and self-sufficiency, infertility and health issues and inactive social life.

Overall your points are okay but follow similar pattern  
If your are writing one word subheading or phrases follow the same pattern  
Write thesis statement in your Introduction