

## Why Aspirants Fail in CSS: Digital Distraction

Every year, thousands of candidates sit for the CSS examination, but only a few succeed. Among the many reasons for failure, digital distraction is one of the most significant. In the modern era, mobile phones, social media, online games, and streaming platforms take up a large part of an aspirant's time. Instead of dedicating hours to study and practice, candidates often waste valuable time scrolling through Facebook, Instagram, TikTok, or YouTube. This not only cuts into their study hours but also hampers their focus.

CSS requires in-depth study, critical analysis, and constant writing practice. Unfortunately, digital distractions cause short attention spans, promote procrastination, and lead to superficial knowledge. Aspirants rely on quick information from the internet instead of developing a thorough understanding. Additionally, frequent exposure to online debates, breaking news, and peer comparisons increases mental stress and diminishes confidence.

As a result, many aspirants fail to finish the syllabus or perform well in exams, despite having potential. To tackle this issue, candidates must develop digital discipline. Technology should be used solely for study purposes, and unnecessary browsing should be avoided. Only through focused study and controlled digital habits can aspirants achieve success in CSS.

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Club these paras into one  
Substantiate your  
arguments with evidences