

12/9/25

Essay:

why Aspirants Fail in Competitive Exam

outline

- ① Introduction
- ② Ineffective preparation and study habits
 - 2.1. Insufficient practice and Revision
 - 2.2. Poor Time Management
 - 2.3. Incomplete syllabus coverage
 - 2.4. Shallow understanding of concept
- ③ Poor strategic and analytical skills
 - 3.1. Misunderstanding the exam pattern
 - 3.2. Lack of effective writing skills
 - 3.3. Not analyzing test results

3.4. Lack of critical thinking

4. Psychological and Health Related Factors:

4.1. Exam anxiety and stress

4.2. Over Confidence

4.3. Lack of Motivation and Discipline

4.4. Neglecting physical and mental well-being

5. External and Situational Pressures

Cut throat competi

5.1. High Competition

5.2. Social pressure

5.3. Lack of proper guidance

6. Socioeconomic challenges:

6.1. Financial Constraints affecting access to quality academies

6.2. Job pressure, family responsibilities and lack of study Environment

7. Inadequate ✓ Study Techniques

7.1. Focus on Cracking instead of conceptual clarity

7.2. weak Essay and answer writing practice

8. Unrealistic ✓ Expectations

8.1. Following Shmoyle system

8.2. Blind reliance on academies

9. Conclusion ✓

9.1. Summary

9.2. Final thought ✓

Well organised and relevant

Plz work hard