

Date _____

A long war can rise many psychological problems in the country, including anxiety and depression issues. In the 19th century, the Europe passed through a great depression phase because of intra-region wars. The war limits the available resources in the country, and major portion ^{of resources} has been given to the army. Therefore, it ~~can~~ causes anxiety and depression problems for decades even after the world has stopped. According to a French university research, a person can ~~not~~ ^{maximum 12 months} stay in the war, by exceeding this limits pushed the nation into severe psychological problems. The anxiety enables the fight and flight mode of human body, which consumes extra resources of human body. Ultimately, it leads to weakness, and ^{the} weakness can cause death. Moreover, it can exposed the person to different disease ~~because~~ of weak immune system. Once the medicines have not been taken by patients for a long period, it may push ^{again} the patient into psychological diseases. Hence, the war has many psychological problems on the people for decades.

