

Paragraph : 4

4. Unsuitable Environment

- a. Unsupportive home environment
- b. Company and friend circle
- c. Harsh weather in exams.

The fourth reason behind failure is unsuitable environmental conditions.

Besides all the previous reasons, environment also affects the mental health of an aspirant. In the first place, in the era of modernity, conservative mentalities still exist. Instead of moral support and encouragement, students face the family pressure and over expectations; another reason for failure. For males, parents demand them to make a career as fast as possible and settle down. For females, families want to get them married immediately after graduation. Furthermore, besides families, friend circle and companies, instead of getting support, aspirants face discouragement. Especially in males, as everyone is settling abroad, so they push their friends to do the same instead of wasting time. Demotivating them by giving reasons like competitive exams are a wastage of time as only 2%.

passed and 1% get allocated.

Additionally, weather conditions also affect the students health which leads to failure. Mostly, competitive exams held in extreme summer and exam halls are overcrowded which creates suffocating and students often fall ill due to high temperature and anxiety. Therefore, lack of family support and pressure of getting married or making career immediately can lead to failure. Outside environment or negative friend circle who only discourage and demotivate can make an aspirant doubtful and demoralize often become reason of failure.

5. Digital Distractions

- a. Excessive use of social media
- b. Impact of memes and reels
- c. Doom scrolling
- d. Excessive use of AI decreasing cognitive abilities

Finally one of the most critical reason for the failure is digital distraction and overly dependency on AI tools. An initial argument is that in the 21st century: the era of innovations and technological advancements, students are often get distracted by social media. During study time, aspirants usually take gaps and for

refreshing up minds, they use social media like Facebook, TikTok or Instagram. Constant notifications reduce the concentration span. Furthermore, aspirants get addicted to memes and reels. This leads to reduced interest in serious reading and learning. Even following multiple motivational speakers and sources, students overburden themselves. Gathering a lot of material by relying on different sources may lead to confusion and sense of pressure. Excessive use of online platforms can cause weak time management, unhealthy comparisons and jealousy by watching reels where people only share their best moments, not struggles. Aspirants lose their focus and self-esteem and get distracted from studies. Endless negative news scrolling is another factor which contributes to failure as it only increases anxiety and stress. Students become hopeless about the future and waste valuable study time. The last but not the least argument is over-reliance on Artificial Intelligence tools, which reduces creativity and critical thinking. Students usually take help from ChatGPT, Deepseek for analysis and collecting data which may weaken their analytical skills and lead to failure in exams. All these factors are critical which make the masses passive consumers.