

Essay

4. Unsuitable environment:-

One of the major reason behind failure is an unsuitable environment. At home, an unsupportive family engage in constant criticism and less encouragement, which demotivates aspirants. The loud environment within a household further affect Preparation. Secondly, the friend circle plays a crucial role. Good friends motivate and share healthy ideas for Preparation, the negative company tends to criticize and spread discouragement, which lead you to the self-doubt. Lastly the harsh weather also effect the aspirants. The examination usually held in winter, the absences of heating system along with uncomfortable sitting arrangement distract the candidates focus and effect their Performance as well. Thus an unsupportive family, Influence of Peer friends and harsh weather leads to failure.

Digital Distraction:-

- 5- Another reason for failure is digital distraction. Excessive use of Social media distract candidate, ^{lose} focus and waste valuable time. Scrolling through different Social media Platforms like Tiktok, Instagram and Facebook divert their attention from studies. Reels and memes lasting for few seconds, but have long lasting effect ~~to~~ like reduce concentration and encourage laziness. Moreover, overreliance on AI Artificial Intelligence leads to cognitive decline. Candidates become less capable of analysis, Critical thinking and independent research. Students who depends on AI generated content, fail to use their own minds which gradually reduce memory and creativity. Additionally addicted social media users face health issues like eye strain, lack of concentration and mental illness. Thus an excessive social media use, influence of reels and memes, overdependency of AI result in poor focus & leading to the failure.