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Essay Assignment # 2.

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Q. Write two paragraphs from given outlines, of the topic "Why aspirants fail in exams".

a - 4. Unsuitable Environment

- unsupportive home environment
- company and friend circle
- Harsh weather in exams.

b. 5. Digital Distractions

- excessive use of social media
- impact of memes and reels.
- Doom scrolling
- excessive use of AI is decreasing cognitive abilities.

a -

The fourth reason that increases failure rates in CSS is an unsuitable environment of aspirants. The unfavorable environment at home plays the pivot role. Immediately, after graduation, parents want their girls to get married and their boys to get good jobs. But when they become aspirants instead, they face a lot of family pressure. Similar pressure comes from the social circle. Seventy percent graduates of NUST got employed within first six months in 2023. Seeing the class fellows and friends working in multi-national firms and getting settled in their lives puts an additional pressure on aspirants, who are still trying to study for their exams. The lucky aspirants who donot face this pressure from friends and family, along with others, have to still

face harsh weather conditions during the CB exams. When they sit on cold chairs of exam centers in February - that too without heaters in the examination hall - attempting papers with freezing hands, many aspirants are unable to focus on the exam. In this way, unsuitable environment also becomes one of the culprits in the failure of aspirants.

b. The fifth factor that pushes the aspirants away from success is the digital distraction. Excessive use of social media wastes a lot of precious time. Youth these days is so habitual of social media that they cannot imagine living without it even for few hours. The short reels and memes leave long time impacts. The five minute break from studies turns into a 3-4 hours break, because of "just one ~~more~~" habit. Especially the story based reels are so captivating that it is difficult to leave those in the middle. In addition to wastage of time, doom scrolling also brings stress. For example, the news and reels of Palestinians cause sadness; but because of emotional attachment with them one cannot resist watching more. Similarly, another form of digital distraction is the excessive use of AI that is decreasing cognitive abilities. Aspirants are habitual of getting help from ChatGPT and DeepSeek. They find it very hard to study from different resources and to collect gather information themselves. As a result, aspirants are unable to structure their answers with brevity and to comprehend long paras in

the paper. Therefore, instead of being a helpful tool,
the digital media becomes a curse in an aspirants
journey.

