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Introduction.

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"Is Social Media dangerous"

Yes social media is dangerous, in many way. Firstly, due to excess use of social media one can suffer from eye disease. Secondly, It effects our mental health. When we use social media like facebook, Instagrams, twitter, we see lot of Peoples shares different things, and when we see those things, we become emotional and we take sides like if someone share that brother kills his sister in the name of honour, we become emotional that as a society where are we going, that effect our mental health. Thirdly, Due to excess use of social media we become bored and we cannot focus properly, due to which our studies effects which ultimately effect our social life. Fourthly, Due to use of social media, suicide rate in society has increased. Number of cases have been reported that many peoples commit suicide due to use of social media like for example one student in peshawar commit suicide because he got less marks in F.Sc. The reason was that

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he reads on some social media platform that Mr. X commit suicide due to his failure in life and to ease his depression he commit suicide, so the same person thought that it would be easy to finish my life to ease as my depression. lastly, Due to its dangerous effects the government of Pakistan impose ban on social media for application for Adult children of age less than 16 years.