

Topic:

THE MORE YOU SWEAT IN PEACE, THE LESS YOU BLEED IN WAR:

Outline:

A- Introduction

- Explanation of Proverb: Preparation in time of peace ensure success in times of conflict.

B- Thesis Statement:

History and experiences prove that hardwork, training, discipline, efforts^{and} planning during peace minimizes the negative outcome, failures, setback, conflicts and crises.

C- Islamic Perspective:

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- i- Prophet Muhammad (PBUH) trained companions even in peace times like in Battle of Khandaq, strategy, archery, horse-riding.

Quran: "Prepare against them whatever you can of power" (Surah-Al-Anfal).

D- Importance of Peace-time Preparation:

- i- Military Preparedness

E.g. Operation Bujan-ul-Marsos against India.

Sun Tzu, The Art of War "In war, the greatest victories are won before battle begins."

ii - Economic Preparation:

→ stable economy ensure war financing

→ E.g: USA's strong economy in WWII

iii - Social Preparedness:

• Education, disciplined and resilient citizens ensure national unity against crisis.

"(United we stand, divided we fall)

iv - Environmental Preparedness:

Preparedness against any climatic change or disaster

E.g: Japan strategy against Earthquakes, and
Netherland preparedness for flood control.

v - Mental Preparedness:

Nelson Mandela: "The greatest glory in living lies not in never failing, but in rising every time we fall."

E.g: IPS Manoj UPSC preparation from 12th fail.

vi - Sports Preparedness:

i - Struggle of Babar Azam from ball-picking to Captain.

ii - Cristiano Ronaldo journey to success through hard work.

Joe Paterno: "The will to win is important, but the will to prepare is vital."

E- Conclusion.