

World health organization issued a report with staggering increase in mental health issues. Some 727,000 people lost their ~~life~~ lives due to mental issues. Anxiety and depression are the leading factors. Additionally, psychological disorder affects the productivity standards and Hr loss to economy. Mental illness spares no one, the report highlighted, majority afflicted with this disease are women. Pakistan is the 2nd most vulnerable country to climate change. Since of June, 2025, Pakistan is wrecked by floods and cloudbursts which impacted mainly, the KP, Gilgit, and Punjab province. As authorities are busy with providing physical remedies, they should be aware of the silent mental health disaster. Every ~~home~~ displacement, collapsed home, loss of life, leave a trauma on mental health. Flood affected populations faced this mental illness. Government has to begin psychological rehabilitation initiative with the collaboration of international community.