

# Test # 01

## English Essay

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Make a comprehensive outline

Avoid 1st form of verb in essay

Give cogent arguments

No need to give facts in  
introduction

Properly follow structure o  
introduction

# Increasing Use of Drugs in

## Modern Age

### Outline

#### 1,- Introduction

i,- Hook

ii,- Background

iii- Thesis Statement :- The increasing usage of drugs in modern age reflects the imbalance between modern progress and ethical decline, caused by mental stress, peer pressure, social disintegration, economic / financial frustration, media glamorization, wrong access to online market, and majorly misuse of prescribed drugs. It is a challenge that requires strong awareness, recovery programs, and moral renaissance in society.

#### 12,- Historical Background

i,- Traditional medicine Use.

ii,- Modern age of addiction and crimes.

iii,- Government efforts over time.

### 3. - Causes of increasing use of drugs:-

- i - Mental health issues and depression.
- ii - Social breakdown and society pressure.
- iii - Economic frustration and unemployment.
- iv - Media glamorization and ethical decline.
- v - Misuse of prescribed drugs.

### 4. - Impacts

- i - Emotional emptiness in young minds.
- ii - Weaken family relations.
- iii - Materialism and loss of spirituality.

### 5. - Consequences of Drug Abuse:-

- i - Social crimes.
- ii - Bad academic results and insecurity.
- iii - National productivity loss.
- iv - Global instability.

### 6. - Drug situation in Pakistan:-

- i - Youth addiction to drugs.
- ii - Easily available drugs.
- iii - Poverty and lack of awareness.
- iv - Weak enforcement of Law.

### 7. - Measures/Steps to control Drug Usage

- i - Awareness and educational

ii,- Strict enforcement of rules specially in educational institutions.

iii,- Rehabilitational centers.

18,- Conclusion

## The Essay

"In an age where science cures every disease of the body, human soul remains sick, seeking refuge in drugs instead of discipline."

The increasing use of drugs in modern world is a tragic reflection of this truth. A world drug day is observed every year on **June 26** and aims to achieve a drug free society. Almost 64 million people in world are dependent to drug use. 145 million and more people of 12 years and above have used drugs in their lifetime. In Pakistan (78% male and) 7.6 million people are drug addicts, 78% whom are male, while the remaining 22% are female. The most alarming drug rate is in United States, where more than 100,000 people died in 2023. The thing which was made for treatments, we modified it in our

own way / negative way to console our stressed minds. Youth has considered it a shelter for the depressed life. From minor situations to real life problems, young people finds shelter ~~shelter~~ in drugs. The increasing use of drugs in modern age reflects the imbalance between modern progress and ethical decline, caused by mental stress, peer pressure, social disintegration, economic frustration, media glamorization, wrong access to online market, and misuse of prescribed drugs.

It is a challenge that requires strong awareness, recovery programs, and moral renaissance in society.