

Make a comprehensive outline

Jolt Down At the points

Convey your ideas in a well integrated manner

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Mock test #1.

Batch # 75.

Essay:-

Increasing use of drugs  
in the Modern age:

→ Outline

#### 1. Introduction:-

- Growing problem of drug use in today's world.
- Causes and effects overview.
- Types of drugs : legal and illegal.

#### 2. Causes of Drug Use:-

- Peer pressure
- Stress, anxiety and depression.
- Easy access and weak law enforcement.

#### 3. Effects of Drugs:-

- Physical and mental health damage.
- Family and social problems.
- Rise in unemployment.

#### 4. Role of Society and Government:-

- Awareness campaigns and education.

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- Strict control on drug supply
- Building rehabilitation centers.

### 5. Conclusion

- Summary of issue.
- Need for collective efforts for a drug-free society.

## Brainstorming

### Causes :

- Social pressure
- stress
- easy access
- weak law enforcement
- Unemployment

### Solutions:

- Education of Awareness.
- Strong law enforcement.
- Family support.
- Rehabilitation centers

### Consequences :

- Health problems.
- Family issues.
- Social problems



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## Thesis Statement

The increasing use of drugs in the modern is because of social pressure, stress, and easy access, leading to health problems, family issues, and social problems; only through education, awareness, strong law enforcement, and rehabilitation centers we can overcome this growing issue.

## Introductory Paragraph.

"The first time you take a drug, After that, the drug chooses you."

This powerful saying reflects the disastrous reality of our modern world, where drug use has become a silent epidemic spreading across all ages and societies. In the fast-moving, stressful life of today, many individuals especially the



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youth turn to drugs seeking relief, excitement, or escape from reality. The influence of peers, the glamour shown in media and the easy access of drugs have made the problem even worse. As a result, addiction is destroying health, families, and futures. Thus, the rising use of drugs in the modern age is mainly caused by social pressure, stress, and easy access, leading to health issues, family problems, and social problems; only through education, awareness, strong law enforcement, and rehabilitation centers we can overcome this growing issue.