

# Increasing Use of Drugs in Modern Age

## Thesis Statement.

In the modern age the escalating use of drugs is not only from illicit abuse and social factors but also because of extensive medical dependence. Over-prescription, self-medication, aggressive marketing, lack of monitoring, and easy accessibility; this crisis leads to serious health issues, ethical and economic challenges requiring immediate government and legal actions to balance the moderate use of drugs.

### 1) Introduction

- 1.1) Unprecedented rise in drug use
- 1.2) Self-medication and over dependence
- 1.3) Growing concern across the world.

## 2) Spectrum of Drug Usage

- 2.1) Medical Use
- 2.2) Medical dependence : Prolonged or unmonitored
- 2.3) Non-medical use : Vaping trends
- 2.4) Illicit drug abuse : drug addiction.
- 2.5) Synthetic drugs : steroids

## 3) Causes of Increasing Drug Dependence

- 3.1) Healthcare System Failures : lack of monitoring, over prescription, no follow-ups
- 3.2) Psychological and Economic factors
- 3.3) Stress and Depression
- 3.4) Unchecked Drug Delivery Services
- 3.5) Social Media based influencer culture.
- 3.6) Lack of awareness

## 4) Consequences

- 4.1) Health Issues
  - a) Cognitive decline : Mental illness
  - b) Overdose deaths
  - c) Addictions
  - d) Drug resistance.

#### 4.2) Societal Impact

- a) Family Breakdown
- b) Productivity decline
- c) Outcast Labor
- d) Increase in violence

#### 4.3) Impact on Youth

- a) Academic failure
- b) Social Exclusion
- c) Criminal Activities

#### 4.4) Economic Impact

- a) Healthcare burden
- b) Rehab unavailability

### 5) Government and Legal Response

#### 5.1) Drug Monitoring Program

#### 5.2) Anti-narcotic law

#### 5.3) Rehabilitation Policies

#### 5.4) Public awareness

#### 5.5) Physician training

#### 5.6) School level Drug Education

#### 5.7) Regulated Pharmaceutical Marketing

### 6) Policy Recommendations

- 6.1) Promote Non-pharmaceutical alternatives
- 6.2) Crackdown on illegal drug sale
- 6.3) Strong healthcare oversight
- 6.4) Community-based rehab encouragement

### 7) Conclusion

- 7.1) Call for shared responsibility among government, media and healthcare
- 7.2) Need for balanced policy
- 7.3) Reaffirm the dual nature of drug abuse and dependence.

Overall your outline is okay but

not drag yourself into too much points that you fall short of time  
Write as much point as you can cover in a given time frame