

# The Wave of Youth-led Uprisings in South Asia: Causes, Common Patterns, and Consequences

Day: \_\_\_\_\_

Date: 14 Oct, 2025

## Outline:

### 1. Introduction

2. South Asia has Become Ground Zero for Youth-led Uprisings.

### 3. From Colombo to Dhaka to Kathmandu: The Backdrop and Causes of Uprisings

a. Economic Precarity in Sri Lanka formed the Aragalaya to Bring Down the System

b. Indiscriminatory Quota and July Massacre Sparked the Revolution in Bangladesh

c. Censorship Act fueled the Nepal's Gen Z Uprising

d. The Rupture of Ontological Security Compelled People to Come to the Streets

e. Dissonance with Gerontocratic Elite is also a fueling factor.

### 4. New Regional Playbook for Dissent: The Common Threads in Uprisings

a. Trigger and Grievance: The Immediate Sparks lit up already existing anger

b. Youth Vanguard: Youth was leading all these Movements



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c. Digital Battlefield Became Strength for Protestors and Weakness for the State

d. Fatal Miscalculations by the States :  
Disproportionate State Violence

5. Consequences of the Uprisings in the World's Most Populated Region

a. No Visible Change:

→ No Systematic Change in Sri Lanka

→ Law and Order Breakdown in Bangladesh

→ Nepal returned to Parliamentary chaos

b. These Movements resulted in Massive Human Right Abuses

c. Domestic Instability Reshapes International Politics

d. These Movements are Learning from Each other and Fueling Unrest in an already Volatile Region

6. Way Forward: Preventing an African Spring and Acting Before it Echoes the Arab Spring

a. Addressing the Underlying Problems

→ Employment, Justice, Freedom

b. Replacing Gerontocratic Leadership with Young Leadership

c. Providing Ontological Security

7. Conclusion

Understanding of the topic is fine  
Properly phrase your first main heading

Don't use such terms that needs explanation

• Please Provide clear points - so that I can improve myself

Be pertinent in your approach

• What do you need by ontological security

• Point out as many mistakes as you can

Be clear in your approach

• No need to write such words that require explanation itself

• Grade it, so that I know that I'm improving or not.

Thanks for putting in the effort.