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Topic :



Books build nations, screen distract them

Outline

A- Introduction

- a. As child nurtures by gaining the conditions happening around him
- b. What is building of nation
- c. Thesis statement

B- How Books Building a Nation

1. Enhancing knowledge and information;
 - a. Person become able to speak among people
 - b. relating of experiences
2. Increases patience and wisdom;
 - a. Imagination of ideas
 - b. Thinking different scenario
3. Shaping human mindset;
 - a. shape difference for right and wrong
 - b. satisfaction for mind
4. Assist in educational area;
 - a. knowledge helps to connect things
 - b. Easy understanding of data
5. Improve writing and reading skills;
 - a. human mind catches the words
 - b. vanish pronunciation mistakes

C- How Screen Distract Nation

- 1- Waiting alot of time;
 - a. Involve human mind in deep sea data
 - b. hamper to do important works
- 2- Badly affects human health;
 - a. Eyesight issues
 - b. headache problems
3. Presence of unlimited distracting materials;
 - a. Shaping of mind by irrelevant data
 - b. could not remove
4. Vanish physical activities;
 - a. hamper to play healthy games
 - b. Cause physical problems
5. Cause conflicts among people
 - a. Parents children conflicts
 - b. curtail rights of people
- 6- Decreasing essence of books
 - a. use of phone as a fashion
 - b. book reading treat as old mindset

D- Conclusion

As a child nurtured by seeing conditions happening inside him, books also ~~human~~ promoting human minds treating as child. Slowly and gradually it shapes human mind. As books shape human mind, screens work as distraction. Meanwhile, screen persistently halting the immense of books, which are vital for today's youth. Actually, building of nation indicates the developments in nations and shape of their ideas. There are many benefits of reading books. First of all, books are important in order to enhance knowledge and information. Without knowledge, human mind is an empty space. Furthermore, patience and wisdom also build by book. It increases human thinking scenario, and provides wisdom as a way of honest friend. Similarly, books can also shape human mind set. In this way, it work as enhancing positive side of any information. On the other side screen distract nation, Distraction from their aims and purposes, not good for growth. In this way, it involve individuals in deep sex ideas and compel them for using phones. Also, alot of using screen causes human health problems. Never existing distracting material

move them in negative side. Hence, books reading is beneficial for nation, but screen distract nation; Further benefits of books and disadvantages of screen are discussed in following paragraphs.

Firstly, books are crucial for enhancing knowledge and information. Knowledge and information crucial in many perspectives. The information of books not ^{only} limited in term of gaining, but also provide experiences of people.

Due to vast amount of knowledge, any person have, any person able to speak among people with better usage of words. Also, different authors share their experiences and observations in books, help to coping with situation. Similarly, provide ideas to fight similar conditions. Books provide accurate and authentic data. So, knowledge and information is important factor that encourage for betterment of country.

Secondly, wisdom and patience could increase by reading of books. Wisdom is a thing, enhancing itself by availability of information. Also, it increase patience by reading and investing

not of time for it. Human mind relating ideas, conditions and matters them from every perspectives. By reading books mind generates imaginations which are healthy for human mind. Different dimensions of thinking provide different solutions, workable in real life. So, importance of books, in order to enhance wisdom, cannot be neglected.

Thirdly, books are preferable for shaping human mindset. There are different types of books some are for vast amount of information only and in some books people share their experiences of lives by story styles. A person buys those type of books which shape one's mindset according to given situation. Furthermore, by reading books, human enable himself to difference b/w right and wrong.

Fourthly, reading of books assists in educational spheres. The information and data which one catches also useful for understanding educational material. It navigate human mind toward true purpose of education. One could easily connect ideas and workable for real life perspectives. In

this way, facts, figures, and example of relating ideas helpful for understanding any dimension and perspective, hence books are vital for studies.

Fifthly, another remarkable benefit of reading books is improvement in writing and reading. The mind catches vocabulary of given book by reading and mind is habited to read specific word in specific type of condition and sentences. Similarly, it makes easy things without reading and remembering any rule of grammar. In this way, the betterment could easily seen in writing. On the other side, it is not crucial for improving writing, it also useful for encouraging reading. By reading of books, pronunciation mistakes slowly and gradually decrease and also hampers spelling errors. So, books are prior in order to enhance productivity in reading and writing in need of today's world.

The disadvantages of using screen discussed in following paragraphs.

The usage of screen

undermines the importance of time. A lot of usage causes waste of time, navigating oneself toward deprivation of time productivity. In this way, the time which one aims to save for doing of important work, badly victimised by screens.

The other disadvantage of using screen is badly effects of human health. The one who spends its a lot of time for using screen, mostly complaints for health issues. The eyesight issues are very common in this way. The devastating rays of screen hampers human eye productivity. Screen light compels one to use glasses for better visibility of things. Some people have severe issue of headache. Late night usage of phone affect badly on mind. The time meant for relaxing of mind, passes in usage of screen, sometimes cause depression and anxiety. So, with a lots of problems, youth is also bearing a burden of health issues due to usage of screen.

Screen has a lot of distracting material. These material and content, sometimes refusal of removing

create bad impacts on individual mind.
Different type of advertisement, full
of irrelevant material, navigate human
mind from important purpose. Exaggeration
of negative thought move one's toward
depression. A lot of material related to
others luxurious lives depressed one's.
Hence, some derivations create due to
usage of screen.

On the other side screen
evadicates one's to surf their free
time in healthy physical game. These
games such as cricket, football and
hockey make muler strong and healthy
for exercising purpose. So, physical activities
like games are important, but
screen reduced its importance.

The last but not least,
that screen generates conflicts among
people. As children and youngsters are
addicted of mobile phone, the irritating
behaviour could also be seen in their
attitude. They refuse and deny each
and every thing, cause for curtailing
of human rights. The big issue of
every home, is usage of mobilephones
and demanding mobile from parents.

To conclude that a books
are immense for building nation, ^{similarly} the
screen prior for their devaution. It
decreases exence of books, cause conflicts
among people. The vanish of physical
activities and ~~and~~ encouraging sluggish
behaviour is its important part. On
the other side, books are crucial for
improving reading and writing skill,
Assists in educational area, also shaping
mindset. So books led crucial work
for humenmind and building nations.