

"Frailty is no more
the name of women"

1- Introduction

2- Frailty is no more
the name of women
(Thesis):

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(*ILO Report
* Benazir: First
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2.2 Women's services
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(Esther Duflo:
Poverty alleviation)

2.3 Women participation
in the Judiciary
(Ayesha Malik
First female SC
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2.4 Women's role
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of human rights
(Asma Jahangir:
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2.5 Contribution of
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(*Greta Thunberg
*Wangari Maathai).

2.6 Services of women
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(Marie Curie).

2.7 The participation
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A Pakistani
Mountaineer).

2.8 Women's participation
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3- Frailty is the name
of women: (Counter Argument)

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(Synthesis):

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5- Conclusion

Essay

"Women are the largest untapped reservoir of talent in the world"

[Hillary Clinton]. Women have unlimited potential.

Gone are the days when women were considered weak. They have proved their potential in every field. Firstly, women are actively participating in the political field. They have made significant contributions in the field of economics. Furthermore, they are actively advocating for the protection of human rights and environment. Their contributions in the scientific field are noteworthy. Moreover, women are also participating in the sports which was considered the uncharted territory for them. Similarly, women are providing health

services and participating in humanitarian activities.

Despite these significant contribution, women are considered weak. It is because women are the victims of gender based violence. Similarly, women are provided with limited opportunities of education. However, women are not weak as they are standing against gender based violence and advocating for girls education. Thus, women are not

weak as they have proved themselves with their capabilities in different fields.

Firstly, women are not frail as they are making strides in the political field. The life of women is no more restricted to the four walls of home. They are participating in politics to make women friendly legislation and to make their voice heard.

According to the International

Labour Organization (ILO) report, "Women constitute 10% of the world's leaders." Similarly, Benazir Bhutto was the first female Prime Minister (PM) of South Asia. Thus, women are not weak as they are participating in the politics.

In addition, women has provided services in the field of Economics. Economics is, no more, a field dominated by men. Women, with high education, are contributing to this field. To illustrate, Esther Duflo, a Noble Laureate, has contributed to the Economics field by proposing ways to alleviate poverty. Hence, proved, women are not frail as they are contributing to the field of Economics.

Similarly, women

are participating in the Judiciary to dispense off justice. Although women testimony was considered half to that of men, yet, with the acquisition of education, they have pushed their boundaries. For instance, **Ayesha Malik** is the first female Supreme Court Judge of Pakistan. In short, women are carving space for themselves in judiciary.

Besides, The role of women in the protection of human rights are noteworthy. They have used their voice to protect the vulnerable people of society. For example, **Asma Jahangir** was the eminent human rights activist who had struggled for the empowerment of women. Moreover, she

advocated against child labour in Pakistan. Thus, women also contribute to the protection of human rights.

Furthermore, The contribution of women in the protection of environment is praiseworthy. They are rallying to protect environment from climate change. For example, Greta Thunberg, a young climate activist, is urging global leaders to take actions against climate change. Similarly, Wangari Maathai, the Nobel Prize laureate, had launched "Green Belt Movement" to plant 50M trees and to protect environment.

Similarly, the services of women to the scientific field are

not hidden. Women are equally capable to understand science concepts and to conduct a research. To illustrate, Marie Curie, Noble Prize Laureate, had discovered radioactivity for the first time. Her work led to further discoveries. Hence proved, women have provided contributions in the scientific field.

Moreover, women are participating in Mountaineering which is considered a difficult sports. They have busted the myth that women have less strength. For instance, Samina Baig is the first Pakistani woman to have scaled K2, Mount Everest and 7 other highest mountains. Thus, women have also summited mountains to show their capabilities.

Similarly, women have also participated in sports. Sports was once considered an uncharted territory for women. They were refrain from playing sports. Now, they are showing their talent, on the ground, to the whole world. For example, Sana Mir, former Pakistan Women Cricket Team Captain, has won several matches. She is the first female cricketer to be included in the ICC Hall of Fame list. Thus, women are showing their talent in sports.

Additionally, women have played a significant role in providing health services. There are several female doctors and nurses around the world who are serving people. For example, Dr. Ruth Pan

had provided health services for the treatment of Leprosy patients. As a result, several patients in Pakistan recovered from this fatal disease. Thus, women play notable role in providing health services to ill people.

Women are not behind men in humanitarian activities. They have worked selflessly for the welfare of poor. To illustrate, Mother Theresa, a saint, had provided food and shelter to the poor in India. She had also opened charity houses all across the world. Hence proved, women plays active role in humanitarian activities.

The above paragraphs explain that women are not frail. The following

paragraphs will explain its counter arguments.

Firstly, women are considered frail because of gender based violence and honour killing instances. They are considered vulnerable beings who cannot protect themselves. According to the study by the United Nations, "Around 100 women die everyday as a result of gender based violence and honour killing. Similarly, Qandeel Baloch, a Pakistani Social media star, was murdered by her own brother in the name of honour. Hence proved, women are weak because of violence perpetrated against them.

Secondly, there is discrimination in educational opportunities. Parents prioritize

the education of their sons over their daughters. As a result, there is wide gap in the education of male and female. According to the World Bank there is a gap of 20% in the educational attainment of male and female in Pakistan. Thus, women are considered weak because of less opportunities of education provided to them.

The above paragraphs explained the counter arguments that women are weak. The following paragraphs will counter them in a synthesis.

Firstly,
Women are not weak, any more, as they are standing against gender based violence and honour killing. Women

are using their voices against gender based violence and other crimes against women. For example, Mulchtau Mai, who was gang raped as per the decision of a local jirga, filed a case against her rapists. Moreover, she opened schools in her village to empower girls. Thus, women are raising their voices against gender based crime; they are not weak any more.

In addition, women are advocating for girls education. They are working to reduce educational disparities by spreading awareness. To illustrate, Malala Yousaf Zai, Noble Prize laureate, is advocating for girls education. Hence proved, women are ^{not} frail as they are reducing educational disparities.

In a nutshell, women who were once considered weak, now they are the paragon of resilience. They have proved themselves by their capabilities in different fields. They have contributed in different fields like Politics, Economics and Judiciary. Moreover, they are staunch supporters of human rights and environmental protection. However, some people consider them weak due to increasing violence against them. Similarly, there is educational discrimination which hinders women from education. Despite all these claims, women are strong as they are resisting gender based violence and advocating for educational equality. Thus, stay is the limit for women as they have unfettered potential.