

EXP...
in light of Quran and sunnah, its impact
on society.

Date: _____

Q NO: 04

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ANSWER

I. INTRODUCTION.

The real self-purification
is to submit all desires
to Allah and His
commandments.

(Sheikh Ahmed)
Siddiqi

Self-purification or
Tazkiya-ul-Nafs is a
unique concept in Islam.
It enjoins to clean
soul and heart to
become closer to Allah.
In Quran and sunnah
self-purification has
been given great importance.

Moreover, Tazkrya-ul-Nafs have many positive impacts on society like social harmony, justice and equality, brotherhood and unity, and sense of charity.

II. UNDERSTANDING

SELF-PURIFICATION.

For self-purification an Arabic term is used **Tazkrya-ul-Nafs.**

Tazkrya = To purify or To clean
Nafs = Soul or self.

Therefore, self-purification means cleansing soul and heart, developing virtues and progressing nearer to Allah.

III. SELF-PURIFICATION

IN LIGHT OF

QURAN AND SUNNAH:

Self-purification is
declared key to success
for a Muslim in Quran.

Allah says in Quran,

He will indeed be
successful who purify
it and He will indeed
will fail who ~~is~~
corrupts it

(Al-Quran)

Many Muslim scholars
like Abul A'la Mawdudi
and Dr. Ishtiaq Ahmed argue
that here 'it' is used
for soul and self.

On another place, Allah
says.

On that Day, neither
wealth nor children
will be of any
benefit. Only he will
be happy who comes
before Allah with
sound heart

(Al-Quran)

This shows that
success in the day
of judgement is based
on self-purification.

And

Our Holy Prophet (SAW)
said:

My religion is based
on cleaning.

Here cleaning word is used for both physical and mental cleaning.

Moreover, Holy Prophet (SAW) said:

**// Cleanliness is the half //
// of faith. //**

It is clear from above verses and ahadiths Islam gives much importance on Tazkiye-ul-Nefs.

III. KINDS OF SELF-

PURIFICATION.

There are 3 types of self-purification in Islam which are given below:

1) Nafs - Ammarah:

Nafs which incites or inspires for disobedience, evil deeds and immoral activities.

2) Nafs - Lawwamah:

In this stage human conscious becomes aware of disobedience of Allah and seeks repentance.

3) Nafs - Mutma'ina:

This is the highest stage of purification of soul where one surrenders all wills to Allah and performs good deeds.

// Verily, in the remembrance of Allah, do ~~the~~ heart find rest. //

IV. IMPACTS OF SELF- PURIFICATION ON SOCIETY:

a) Social harmony and peaceful co-existence:

When a person self-purify himself then he becomes aware of treacheries of the world. He do not run behind materialistic things but on contrary performs good deeds and help other people. In this way, social harmony prevails in a society.

// Purified soul never engages //
in world matters

b). Brotherhood and social cohesion.

As our Holy Prophet (SAW) said that Desire of worldly things is the mother of all evils. So, when a self-purified person let go these worldly things then a spiritual brotherhood and unity establishes.

c). Urge to help of others:

At the stage of Nafs-Mutameenne, a man sacrifices all his desires and help others. He do not think benefit behind any act. He aimlessly help others and gain respect.

d). Encourage charity to develop society:

Self-purification urges a man to give charity, Zekat, Ushr and other ^{positive} holy injections. This way, society flourishes and social evils remove.

CONCLUSION.

This is clear that self-purification is an important thing for a Muslim. Without this one cannot become a true Muslim. Allah and Holy Prophet (SAW) has advised to self-purify soul and hearts. Therefore, it can be said that self-purification is the foundation of Islam.