

Brain Storming

Essay:

1- Forced Marriages in Pakistan: Causes and Consequences

Causes and Consequences

Causes: • Economic condition.

• Wrong cultural or religious believe

• Lack of education

• weak law enforcement

Consequences:

• Broken marriages

• Domestic violence

• Psychological trauma

• Violation of education opportunities

Way forward:

• Better education

• Strict Law

- Way Forward:-
- Better Education
 - Strict Law
 - Empower women economically

Outline.

1- INTRODUCTION:-

- Thesis Statement

2- What is forced Marriage & its current situation in Pakistan

3- Why Forced Marriage is a concerning social issue in Pakistan

3.1 - Economical Condition.

- Poor economic condition compel the family to marry off their ~~many~~ daughters

3.2 Wrong cultural or religious beliefs

- women belongs to kitchen
- women are seen as family ^{honour} honour.

3.3 Misinterpretation of religious beliefs

- Neglecting true teaching of mutual consent
- Wrong claim of showing obedience to parents in marriage decision

4- Lack of education:-

- Low literacy rate in ^{Rural} ~~urban~~ areas
- Lack of religious education

Weak Law enforcement:-

- Poor implementation of marriage Laws.

4- Consequences of -forced marriages-

4.1 - Psychological traumas-

- Emotional suffering
- Loss of self-worth or suicidal thoughts

4.2 - Health concerns:-

- Lack of proper nutrition
- Mis-carriages and excessive child bearing

4.3 Domestic violence:-

- women have to deal with aggressive behaviours
- Mental abuse

4.4 - Violation of educational opportunities:-

- Denial of education
- Restriction on career choices

5 - Way Forward:-

1. Improve educational opportunities

- Providing quality education that creates awareness

S-1 Way - Forward :-

S-1. Improve educational opportunities

- Providing quality education that create awareness

S-2. • Strict laws :-

- Strengthen legal framework

S-3 - Empower women economically

- Provide quality and free education
- Vocational skill and equal pay centers

Conclusion:-

X ————— X

-: The Essay :

Forced marriage is a major issue of, faced by many developing countries, and as other developing countries Pakistan's one of the most prominent issue is also forced marriages. It's an evil, which result in a stagnant ~~social~~ society and exploiting human rights. In Pakistan, some of the major reasons of forced marriages are weak economic conditions of families, regressive cultural norms, misinterpretation of religious beliefs, lack of education and weak enforcement of laws in our country. As a result, ~~of~~ society faces many

Psychological related traumas, health concerns in female, domestic violence and violation of basic right to get education. This shows a very dark side of our society and its failure, but if we improve our educational system, enforce proper laws, and empower our women economically, we are optimistic that we can bring change in our society.

A forced marriage is a concept in our society where two individuals are forced to marry each other without their ~~concerned~~ concern. It often due to family, society or cultural pressure. It is totally different from the arranged marriages, with which it is often confused with. In arranged marriage, marriage is arranged by families.

of individual with their concern, Forced marriage is a heinous form of human rights exploitation. Currently the situation of forced marriages is worst than we can imagine. In Pakistan many religious minorities girls are abducted and then they are forced to convert and marry a muslim man. Arzoo Raj Case in 2020 is a prominent example of it, Similarly according to (UNICEF) 21% of girls in Pakistan are forced to marry, even being under age. 3% of girls are even under the age of 15 (Fifteen).

It shows how bad the situation is in Pakistan regarding this social issue.

In Pakistan, there are some common and highly talked reason which are the reason behind this problem, and bad economic condition condition of families is one of them. Poverty

rate in Pakistan is around (42.5%), which
clearly show the overall bad economic
condition of Pakistan, thus due to this was
very reason Parents consider their daughters
as a burden and try to marry them off
as soon as they could, similarly
In many backward areas, and in few
ethnicities it is common for Parents of
girls to demand money from the man's family
in order to give them their daughter, this
practice is very common in (Blittani cast)
of Pathan, mostly in backward areas, while in
cities this cruel act is called as "protection
money", which is nothing but a facade.

Furthermore, In Pakistani culture there is a
believe that "women belongs to kitchen", which
means they are meant to be born only to
raise a family. while on the other hand

it has been commonly said to women that,
It doesn't matter how educated you
become, at the end of the day you have to
marry and raise a family, which is your prior
duty. There are some obvious comments that

Society make and has been preached in
girls since very young age - Also, In Pakistan

women is considered as a family's honour
which means, the respect of whole family is
on the shoulder of female - all these false
beliefs in society are the prior reason
why parents are so obsessed with
marrying off their kids in early age and
making it a concerning ethical issue.

Moreover, many religious beliefs by many
factions in our society are seriously misinterpreted.

Islam tells us about the mutual consent, when
it comes to marriage - Holy prophet (S.A.W)
also asked for his daughter's approval.

while in our society asking, ~~and~~ for consent has been portrayed as immaturity many segments. Plus, it has been inculcated in our communities that children must obey their parents, when it comes to the decision related to marriage, especially girls. ~~and~~ It is falsely expected that if parents ~~think this~~ deem a match suitable, their children are morally bound to accept it otherwise they are the reason of disgrace for the family.

In addition, Pakistan's literacy rate rate is very concerning. Pakistan over-all literacy rate is 60%, which place us at 136th number globally. we know very well education is a very important source of awareness and a source which inculcate the capability of to judge the wrong and right. With this literacy rate we can easily guess that

most of our community ^{can't} ~~don't~~ decide and
recognize the evil of society, but depend upon
individuals who, though not truly educated or
enlightened, are wrongly regarded as
figure of authority - our society
also lack ~~has~~ proper religious education,
which again results in the ~~more~~ idolization
of these religious figures who are extreme in
term of practices.

Even though Pakistan has laws like child
marriage restraint act and Sindh marriage
restraint act (2013), they are
poorly enforced, further victims rarely
get justice due to lengthy
judicial procedures, lack of evidences
and poor legal representation, which
discourage other victims to seek
help - only presence of law

country won't help, to bad action and timely measure are important-

All these reasons that are discussed above, victims of forced marriage often suffer from many psychological traumas, which is one of the

heart breaking consequence of force marriage-

As kids under 18 or 15 are are very common victims of this unethical practice it's common for them show sign of any kind and extent of psychological concern.

A- Study show that girls who married before 18 are more prone to depression and stress. this results in loss of self-worth of individual where they accept that, only purpose of their life is to serve others and fulfill their needs and responsibilities.

It is very common that kind of kids of these kind of individuals

will end up facing the same destiny, and ^{if} they
do not, marriage in mind will only
be seen as a psychological threat
and there is also high risk of these kids
to face some sort of fear and
psychological episodes. which will end up
transferring trauma to further generations.

On the other hand, ~~over~~ forced marriages are
easy to implement on young children, which
eventually leads to early pregnancies.
It causes severe health hazards of girls,
people, because many of kids who cannot
have any idea of ~~to~~ how to manage
their ~~it~~ surrounding and as well as them-selves
prioritize responsibilities over health, plus
lack of education, common knowledge and bad
economic situation end up exploiting their
physical well being, they unwillingly
unintentionally neglect their own health

due to limited awareness about proper
nutrition, reproductive care and hygiene.

Also, miscarriages, Nowadays is a serious
issue in women, age from (15-19)

Ratio Percentage of miscarriages are
13%. This teenage pregnancies and miscarriages
are a prominent reason of poor health condition.

In addition, domestic violence is another evil of
the society, resultant of forced marriages
where women mostly face physical as well
as psychological distress.

Those young
girls who are forced to married older
men had to endure his ~~and~~ anger, and
if she don't follow his commands and rules,

adversus adverse and comes are physical
torture. Nation Commission of Pakistan
has stated that 90% of women
in Pakistan has faced violence or
any kind of domestic violence in
their life time.

Similarly, women are prone to mental abuse by their spouse and his family, which give them ~~continuous~~ ^{continuous}

Continuous feeling of self worth, verbal insults, -threat to harm them, divorce them, isolate them, blaming ^{problems-} for all the self ~~create~~ which have nothing to do with her - and blaming her presence as bad luck for family are some of ~~very~~ acceptable and ignored form of violation in our society.

Beside all of the discussed outcome of coerced marriage, ~~that we have~~ violation of an individual's education right is also very alarming.

Most women who get married are not allowed to pursue their studies further. This practice is commonly ^{can be} seen in rural areas and even if they are

allowed to study their education is just
for show, a mere symbol. According to
study by UN if child marriages
are eliminated secondary education completion
rate could increase by 25%. Similarly
married women are also restricted when it comes
to job or career choices. They are encouraged
to either work as teachers, so they can
contribute as well as manage family, or stay
at home. Their opportunities to
work out of the city for their better
future is often not accounted for any
official records.

Given these serious consequences, it is
imperative to mitigate this evil from the
society and ~~in this~~ for this
proper measures and implementations shall
be taken. These measures
could be improved educational opportunities
and providing quality education which

not only help us in creating awareness
in society but also produce
warriors to fight against this social
crime - also, government also have its
own responsibility which is implementation
of Law that are already impose, because
if Law or rule of law is weak it will
encourage the evil to spread in the
society, Further women shall be
strengthened economically, because main reason behind
this crime is flawed economic situation
of families and dependancy of female on
their male figures - women are the
most important asset of our society
if government work on making
them skilled, via ~~also~~ providing
vocational skill it will also contribute
in great sence, & in mitigation of this evil-

In Conclusion, Every Country have its own problems, but if the reasons behind these problems are understood it would be very easy to eradicate them. Evils like forced marriages ~~are~~ could also be eradicate in the following way. By highlighting the economic, cultural, ~~the~~ religious, Education and Law related issue, and also point their devastating consequences which one have to face in result of psychological, physical and health related issue is important while domestic violence and exploiting ones right to get education should also stressed. Even though these problems are indeed very serious but it is a sigh of relief that every problem comes with its solution, which in all concerned case are providing education

thus awareness must be ensured, working
on Laws to make them better and their
implementation and empowering women are
a few thus every individuals
will live a healthy life and
independent life as it is their basic right -