

Test NO#01

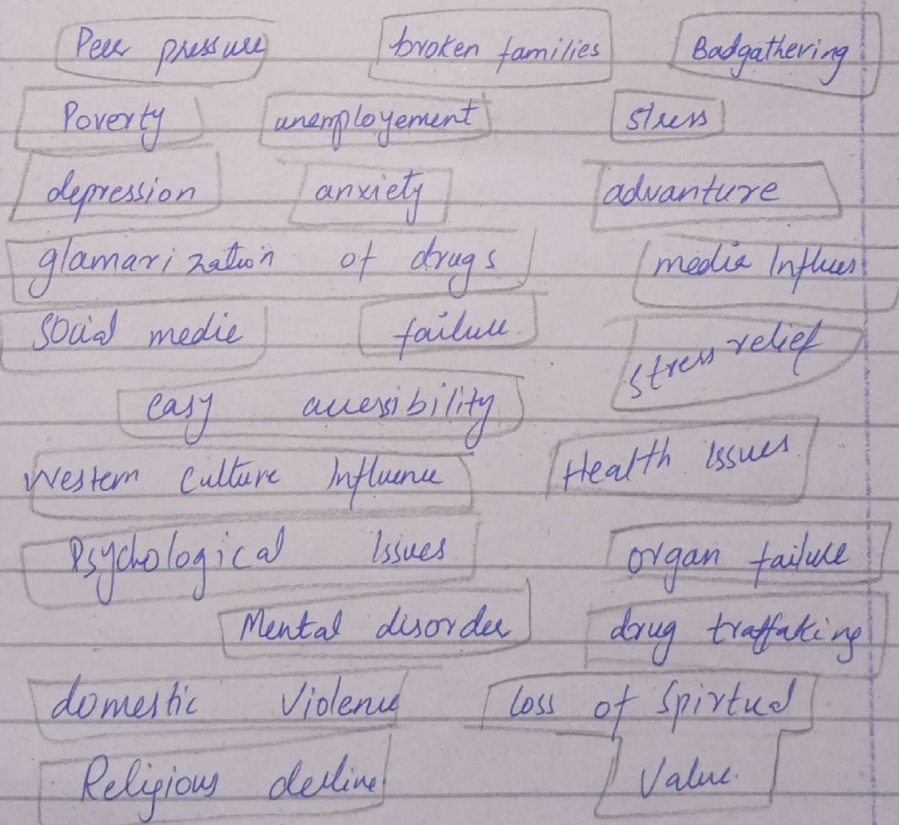
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Brain Storming

- Introduction
- Causes
- impacts
- Suggestion
- Conclusion



Outline

1- Introduction :- Drug addiction is emerging issue of 21st Century in developed and underdeveloped countries, especially among youth.

=> This disorder rapidly spread worldwide, and nations are struggling with drug users, like use of Ice, heroin and opium etc. According to UNODC, 35 million people suffer from drugs ^{use} disorder.

=> Thesis Statement :- The growing use of drug in 21st Century due to media influence, social ~~pressure~~ ^{and} pressure, unemployment, and Psychological issue. ~~are~~
It requires collective action to prevent ^{drug use} and enforcement of law, education and make Rehabilitation centers.

2- Causes of drug addiction.

(i) Social Issues.

- i* Peer pressure and bad gathering.
- (ii)* Broken families and lack of Parents supervision.
- (iii)* Western lifestyle influence youth.

=> In Pakistan : The Youth attracted to western culture because the concept of modernism.

(ii) Economic Cause:-

- (i) Unemployment and Poverty.
- (ii) Illegal source of income
- (iii) Theft and street Crime increase.

=> In Pakistan, The Inflation rate is too high, People use hidden means to generate income.

(iii) Psychological factor:-

- (i) Depression, anxiety and stress-relief use.
- (ii) Heartbreak and failure in Universities.
- (iii) Adventure and Curiosity among teens.

iv) Social Media Influence.

- (i) Glamorization of drugs in Social media Platforms.
Example => Tittok, Instagram, X etc.
- (ii) Normalize in Society due to Social media Influencer.
- (iii) Showing openly in media like in movies, dramas etc.

v) Geographical factor:-

- (i) Pakistan border with Afghan (largest Producer of Opium).
- (ii) Drug trafficking routes to smuggle drugs.
- (iii) ~~Easy~~ Connectivity to other country make drug trade easy.

3. Impacts

(i) Health Issue-

- (i) Brain and liver damage.
- (ii) Heart Problem and weak Immune system.
- (iii) less cognitive ability and led to mental disorder.

(ii) Psychological Issue.

- (i) Stress and anxiety Patient.
- (ii) loss the senses and ^{beyond} ~~reduced~~ memory. ^{seen} suicide attempt.
- (iii) Hallucination, and illusions disorder ^{and} use as a painkiller.

(iii) Social Impact.

- (i) Family breakdown and domestic violence.
- (ii) Youth indulge in crimes and less productive.
- (iii) Crimes, theft increase to afford drugs.

iv) Moral and Religious impact.

- (i) Addiction leads to moral decline.
- (ii) loss of spiritual and religious values.
- (iii) Intoxication is haram in Islam.

4. Suggestions-

(i) Social and family Role.

- (i) Promote hobbies ^{like} sports and outdoor games.
- (ii) Parents make friendly relation with children.
- (iii) Guidance and healthy community environment.
- (iv) Check and balance on children's activities.

(ii) Education Sector:

- (i) Conduct awareness Seminars led ANF and Psychologists.
- (ii) Add drug education in Curriculum.
- (iii) Strict checking and Prohibit use of drugs.

(iii) Government role.

- (i) Establish rehabilitation Centers.
- (ii) Provide medical and Counselling facilities.
- (iii) Regular Crack down on drug smugglers.
- (iv) Strict check on Afghan border.

iv) Religious Guidness.

- (i) Know how about religion. like intoxication is haram.
- (ii) Religious Scholars highlight the drug consequences.
- (iii) ~~Lack of morality~~ Teach basic ethics and moral Value.

5. Conclusion :-