

# OVERPOPULATION IN PAKISTAN

Date: \_\_\_\_\_

## OUTLINE

Short Essay  
of 1000 words

### I. Introduction

- It is one of the biggest hindrance in Pakistan's success
- Overpopulation in Pakistan carries various causes and consequence. However, it can be controlled through multiple ways.

### II. Causes of overpopulation in Pakistan

#### 1. Lack of education

→ 60% National literacy Rate as per Economic Survey

#### 2. Increasing poverty

→ 45% Pakistanis living below poverty line as per WB

### III. Consequences of Overpopulation in Pakistan

#### 1. Rising unemployment

→ 6.3% unemployment rate as per Federal Budget

#### 2. Degrading environment

→ 5% forest cover as per Ministry of Environment

### IV. Recommendations to control overpopulation in Pakistan

#### 1. Providing education at grass root level

→ National Education policy 2017-25

#### 2. Implementing one child policy

→ China's one child policy



## V Conclusion

- Need to address this issue at earliest
- Mass counseling should be done in the spirit

— x x x —

Pakistan is among the top 5 most populous countries in the world according to the final results of the 2023 Census of Pakistan. This data highlights the ever-increasing <sup>raise</sup> ~~rate~~ in population in Pakistan. Asia is a continent where population remains high almost every time. It is because, this region was ~~already~~ densely populated in the 19<sup>th</sup> century due to favourable weather conditions. After the division of sub continent, that led to biggest migration of ~~the~~ <sup>it</sup> history, West Pakistan, present-day Pakistan, had population around 32 million people. This figure is now reached at 245 million. The rapid rise in population shows that country is overy-populated. That has created countless obstacles to govern the ~~country~~ <sup>Pakistan</sup> effectively. The ~~problem of over-population~~ in Pakistan is neither a new concern nor a old one, but its intensity in recent times <sup>has increased</sup> ~~is~~ increased. Therefore, this essay would highlight some causes; Lack of education and rising poverty. Later on, it would discuss overpopulation's horrendous ramifications and lastly, ~~would~~ <sup>will</sup> ~~be~~ <sup>have</sup> underscore recommendations to control overpopulation in Pakistan.



Lack and paucity of education is one of the most cogent and convincing ~~factor~~ causes of the overpopulation in Pakistan. Education ~~increases~~ <sup>it imparts</sup> gives awareness to the people. It helps people to ~~clear~~ differentiate right and wrong. Uneducated person acts senselessly. Then he would not think of ~~its~~ his own contribution in the environment. Therefore, he continue to participate negatively in the atmosphere just like giving birth to more child. ~~As~~ This participation increases the percentage of overpopulation. According to Economic survey of Pakistan 2024-2025, national ~~the~~ illiteracy rate in Pakistan stands at 40 percent. When forty out of ~~the~~ hundred people are uneducated, they act irrationally and they keep giving more birth to children each passing year. Hence, Shortage of education is some extent responsible contributor towards <sup>causes of</sup> overpopulation in Pakistan.

Another cause of overpopulation in Pakistan is poverty. People living below poverty line considers more children as a economic asset. ~~More~~ Significant number of children will bring more <sup>money</sup> influx in their home. Through this way, poverty-stricken people would be able to survive by meeting basic needs. As per World Bank ~~reports~~ 2024, shows that forty-five percent (45%) people in Pakistan live below poverty line. That means approximate half of population in Pakistan ~~consider~~ does not have



basic necessities due to which they give birth to more children so that <sup>children's</sup> ~~their~~ future earning help their parents to fulfil basic needs. When children are considered as economic assets then the impoverished community ~~accelerates~~ contributes significantly in population. Thus, poverty also plays a potential role in causing overpopulation in Pakistan.

Previous paragraphs discussed the causes, preceding paragraphs would highlight the horrific implications of overpopulation in Pakistan.

Firstly, overpopulation in Pakistan ~~leads~~ increases unemployment rate. As population rises, no change in job opportunities will alleviate the productivity of unemployment ratio. Owing to this, <sup>the productivity of</sup> ~~the~~ youth bulge will go waste. Thus, no contribution in Pakistan's economy. According to Federal Budget 2024-25, unemployment stands at 6.3%. This shows that out of every ten person, around six persons remain unemployed due to stagnation in economy and no opening of new job opportunities. When unemployment rises, it also illustrates that governmental institutions are unable to facilitate the unemployed person. There would be high possibility that unhired person might fall prey to notorious activities. That would create hurdles for the state. Ergo, horrendous ramifications of overpopulation



is increase in unemployment rate in Pakistan.

Secondly, environment also degraded by the rapid raise in overpopulation in Pakistan. More number of people will require more place to live and more number of resources to facilitate and provide them with basic needs. Rising population means exploitation of environment, by deforestation to create housing schemes; increase in use of transportation will lead to more carbon. As per Ministry of Environment, Pakistan is left with merely five percent (5%) of forest cover as of June 2024. Forest areas are being diminished to facilitate rising population. Diminished of forest cover leads to rise in carbon dioxide and other harmful gases in the atmosphere, that will pollute the environment. Truly, <sup>harrowing consequence of</sup> overpopulation also degrades environment.

Prior paragraph, shed light on the consequences, upcoming paragraphs would underscore the recommendations to control overpopulation in Pakistan.

Providing education to masses is the first and foremost recommendation to control overpopulation in Pakistan. Pakistani government need to ensure <sup>primary</sup> educational institutions function effectively. Making education government needs to make education compulsory for



person. Schools must be strengthened at the tehsil and district level. Government need to ensure National Educational policy 2017-2025 is implemented in its true spirit without any complication. Through this policy, an audit committee must be form to evaluate the progress of the school and surprise visit must be paid to see the on ground realities of the schools. Moreover, educational campaign and awareness must be given to the elderly people in their villages. And the importance of <sup>over</sup>population must be discussed with them. Clearly, by providing education and campaign, overpopulation issue of Pakistan can be addressed controlled smoothly.

lastly, the another recommended way to control overpopulation in Pakistan is to implement one child policy just like China did successfully in early 2000s. By this way, population can be controlled effectively. If any couple want to have more than one child, then certain amount of tax must be imposed. This can also be done successfully, If government along with scholars and ulema address this issue overpopulation issue in the public places and social media outlets. Then, being a Muslim nation, <sup>people</sup> they will be easily understand the teachings of scholars and clergy and by this way overpopulation can be tackled. Therefore, introducing one child



Policy along with scholars and <sup>helps</sup> ~~clerical~~ Pakistanis  
ever-increasing problem of overpopulation can  
be addressed properly.

To cap it all, it is high need  
of time for Pakistan to take ~~stern~~ action against  
overpopulation. Government institutions need to  
understand the root causes of the ~~rising~~ rising  
population. If the root ~~cause~~ problems are  
addressed and solved timely then there ~~would not~~  
no suppression of overpopulation ~~exists~~ as in  
Pakistan. Government needs to strengthenise ~~its~~ its  
policies and works. Institutions must ensure no  
work is left incomplete. People also should  
understand that they are not ~~just~~ just giving  
birth to children only. If government mainstreamed  
the population and addressed their concerns, then  
overpopulation will be controlled automatically.  
Overpopulation in Pakistan is not a massive ~~problem~~,  
there is still time <sup>for</sup> Pakistan can manage this  
issue if timely actions are taken.

