

Date: INCREASING USE OF DRUGS IN PAKISTAN

CAUSES AND CONSEQUENCES

Points are okay

Avoid informal writing

Improve introduction

Write a comprehensive and well integrated introduction

attention grabber

Summary of outline

Thesis statement

Increasing use of drugs is mainly due to psychological & emotional problems, easily availability of drugs, lack of awareness, and

ineffective law enforcement. This results in physical & mental health problems, increase in crime rates, youth destruction & unemployment and family dis-integration.

2. Causes of Increasing use of Drugs in Pakistan.

a. Psychological and emotional problems

i. depression, Anxiety and Stress

ii. Family issues or lack of emotional support from parents

iii. Drugs as a coping mechanism

b. Easily availability of Drugs

i. weak border control and smuggling

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c- Lack of education and awareness

- i- ignorance of harmful effects
- ii- weak moral & social education

d- Ineffective law enforcement

- i- weak implementation of anti-narcotic laws
- ii- Corruption within agencies

3. Consequences of Increasing use of Drugs

a- Physical and mental health problems:

- i- Addiction and diseases (HIV, hepatitis)
- ii- Brain and nervous system damage

b- Increase in Crime Rate

- i- Theft, robbery, and violence
- ii- Drug trafficking

c- Youth Destruction and Unemployment

- i- Loss of Skill and Productivity
- ii- Less job opportunities

d- Family disintegration

- i- Loss of trust and respect
- ii- Domestic conflicts and divorces

4. Conclusion

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Behind closed doors and in dimly lit alleyways across Pakistan, a silent crisis is unfolding, one that shatters families, fuels crime, and erodes the very foundations of the nation's future. This crisis is the alarming increase in drug abuse that the country is currently facing. Once mainly used as a transit route for global narcotics, Pakistan has unfortunately become a major consumer market, with millions now suffering from addiction. Understanding the causes and consequences is essential for finding effective solutions. Increasing use of drugs is mainly due to psychological and emotional problems, easily availability of drugs, lack of awareness and ineffective law enforcement. This results in physical and emotional health problems, increase in crime rates, youth destruction and unemployment, and family disintegration.

1 Est:

BRAIN STORMING

Increasing use of drugs in Pak is mainly due to psychological & emotional issues, easy availability of drugs, lack of education & awareness and ineffective law enforcement.

Causes

Lack of education & awareness

Psychological & emotional issues (Family problems --)

Easy drug availability

Ineffective law enforcement

Increasing use of drugs in Pak

Consequence

Physical & mental health problems

Increase in Crime Rate

Youth destruction & unemployment

Family disintegration

Recommendation → Govt & NGOs

Family, Schools, media