

GSA - Past paper Questions.

___/___/202

Day: _____

What is Hepatitis? Types, Symptoms and preventions.

Answer:-

1) Definition of Hepatitis

Hepatitis is a liver inflammation mostly infected through viral infections but also from use of alcohol, drugs and auto immunes.

2) Types of Hepatitis

a) **HAV** → Hepatitis A

It is less harmful type of hepatitis. It can be affected through contaminated food, Unhygienic transfusions.

b) **HBV** → less harmful, can be dangerous if proper prevention mechanism should not be addressed.

It can be affect through

Through blood, Sexual contact.
Blood transfusion, Mother-to-child.

3) **HCV** → Hepatitis "C"

It is dangerous for liver without addressed properly.

It can be affect through Using used needles, Blood transfusion and Sexual contact.

4) **HDV** → Hepatitis "D"

It is rare but dangerous disease
It can be obtained through "HBV" infection.

5) **HEV** → Hepatitis "E"

It is less dangerous but can be harmful without prevention mechanism and it is also dangerous for pregnant women.

It is obtained through Contaminated water (fecal-oral).

Symptoms of Hepatitis

- 1) Feeling Fatigue
- 2) Nausea
- 3) Vomiting
- 4) Low-appetite
- 5) Jaundice (Yellowish colour of eyes)
- 6) Dark Urine

Preventing Mechanism

- 1) Vaccination
- 2) Sanitation
- 3) Proper Hygiene
- 4) Avoid sharing needles
- 5) Safe Sexual practices (Use of Condoms, limit partners)
- 6) Screening of Blood before transfusion
- 7) Public Awareness Campaigns.