

Date: 10-11-25

Day: M T W T F S S

Essay

(i)

Forced Marriages or Violence against Women

(ii)

OR Forced Marriages in Pakistan: Causes and Consequences

(iii)

OR ~~At~~ Delayed Marriages: Causes & Consequences

Brainstorming

Forced Marriages

1. Hook
2. Background
3. Thesis Statement
4. Understanding the concept of Forced marriages.
5. Causes of forced marriages in Pakistan.
6. Consequences of forced marriages

Delayed Marriages

1. Hook
2. Background
3. Thesis Statement
4. Understanding the concept of
5. Delayed marriage causes of delayed marriages.
6. Consequences of delayed marriage

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Forced marriages Delayed marriages

7 Real life narratives

8 Efforts to curb forced marriages

9 Recommendations

10 Conclusion

Recommendations

Conclusion

(ii)

Forced marriages

Outline

1 Introduction

1.1 Hook

1.2 Background

1.3 Thesis Statement:

Forced marriages in Pakistan stem from patriarchal traditions, economic vulnerability, and gender inequality, causing deep psychological, social and national harm.

2 Understanding the Concept of forced marriages

2.1 UN and Pakistani legal definitions.

2.2 Difference between arranged and forced marriage.

★ **UNHCR (2023) Defines** forced marriage as "a Union in which one or both parties have not given free and full Consent."

3 Causes of forced marriages in Pakistan

3.1 Cultural and traditional norms.

3.2 Economic factors

3.3 Lack of education and awareness

3.4 Gender inequality

3.5 Weak legal enforcement

3.6 Religious misinterpretation

4

Consequences of Forced Marriages

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4.1 Psychological trauma - depression Suicide

4.2 Social disintegration - domestic violence, broken families

4.3 Economic impact reduced workforce participation

4.4 Human rights violations - Conflict with constitution and (CEDAW)

4.5 Impact on children

5 Real life Narratives

6 Efforts to Curb Forced Marriages

6.1 Legal measures - 2011 Anti-women practices Act, 1929 Child Marriage Restraint Act

6.2 Civil Society - Aurat

foundation Blue Veins, Bedari

6.3 Media awareness - Dramas like Udari and Kankar.

6.4 Education and religious reform - authentic Islamic interpretation

★ **Reference** Council of Islamic Ideology (2018) affirmed women's right to consent.

7 Recommendations

7.1 Strict Law enforcement

7.2 Community-based awareness Campaigns

7.3 Economic Empowerment of women

7.4 Role of media, education, and religious scholars.

Conclusion

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When freedom is denied in the name of love, oppression wears the mask of virtue. Across the world countless **individuals** are compelled into marital unions that rob them of their autonomy and dignity. What society often celebrates as tradition or honour, sometimes conceals deep injustice.

In Pakistan, forced marriages continue to persist as a grim reflection of patriarchal norms, cultural rigidity, and distorted interpretations of religion - inflicting profound emotional and social consequences on their victims.

Despite legal frameworks and awareness campaigns, this practice remains entrenched in both rural and urban areas often driven by social

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pressure economic considerations and familial authority. This essay analyses the causes implications, and potential remedies of forced marriages in Pakistan highlighting the urgent need for social reform and empowerment of vulnerable groups.