

Q.2. Make a précis of the given passage and suggest a suitable heading:

(20 + 5 = 25)

The Psychological causes of unhappiness, it is clear, are many and various. But all have something in common. The typical unhappy man is one who having been deprived in youth of some normal satisfaction, has come to value this one kind of satisfaction more than any other, and has, therefore, given to his life a one-sided direction, together with a quite undue emphasis upon the achievement as opposed to the activities connected with it. There is, however, a further development which is very common in the present day. A man may feel so completely thwarted that he seeks no form of satisfaction, but only distraction and oblivion. He then becomes a devotee of "Pleasure". That is to say, he seeks to make life bearable by becoming less alive. Drunkenness, for example, is temporary suicide; the happiness that it brings is merely negative, a momentary cessation of unhappiness. The narcissist and the megalomaniac believe that happiness is possible, though they may adopt mistaken means of achieving it; but the man who seeks intoxication, in whatever form, has given up hope except in oblivion. In his case the first thing to be done is to persuade him that happiness is desirable. Men, who are unhappy, like men who sleep badly, are always proud of the fact. Perhaps their pride is like that of the fox who had lost his tail; if so, the way to cure it is to point out to them how they can grow a new tail. Very few men, I believe, will deliberately choose unhappiness if they see a way of being happy. I do not deny that such men exist, but they are not sufficiently numerous to be important. It is common in our day, as it has been in many other periods of the world's history, to suppose that those among us who are wise have seen through all the enthusiasms of earlier times and have become aware that there is nothing left to live for. The man who hold this view are genuinely unhappy, but they are proud of their unhappiness, which they attribute to the nature of the universe and consider to be the only rational attitude for an enlightened man. Their pride in their unhappiness makes less sophisticated people suspicious of its genuineness; they think that the man who enjoys being miserable is not miserable.

Q.3. Read the following passage and answer the questions that follow:

(5 x 4 = 20)

Knowledge is acquired when we succeed in fitting a new experience in the system of concepts based

The Dilemma of Unhappiness

There is a common factor behind all the reasons of unhappiness.

It is the lack of contentment in early ages which led their path towards darkness. However, people have chosen distraction over real satisfaction to gain pleasure. They escape from reality of life by indulging in activities that give temporary pleasure. While some seek happiness by incorrect means, others lose their hope and find solace in distraction. Its cure lies in restoring their hope regarding real happiness. Once they find the way, their unhappiness will fade away. However, such people are limited in number. Majority of these people find no reason to live. Instead, they embrace their happiness with pride. Alongside, they justify it as the natural and logical way of living. ^{Unfortunately,} This behaviour creates doubt regarding happiness and misleads others.