

"If you have to
shine like sun, burn
like one"

1- Introduction

Sir, should we write the given essay title as a heading or should we write the essence of it?

2- If you have to shine
like sun, burn like
one:

2.1 Overcoming failures
is required for
success in sports
[Arshad Nadleem:
Pakistani Javelin
Thrower]

2.2 Persistent struggle
is needed for
recognition on
a global level
[Malala Yousay
Zai: Nobel Peace
Prize Laureate]

2.3 Constant struggle
is required for
changing one's
social conditions

(Elon Musk: Top Billionaire)

2.4 Enduring hardships is required for providing humanitarian services

(The Edhi Foundation by Abdul Sattar E)

2.5 Bearing difficulties is required for eliminating racial segregation

(Nelson Mandela's struggle for eliminating Apartheid Movement)

2.6 Constant struggle is required for lifting people out of Poverty

(Case study of China)

2.7 Difficult economic reforms are mandatory for economic revival

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[Manmohan Singh's
Economic reforms
in India].

2.8 Social reforms
are mandatory for
reducing population
[Case study of
Bangladesh]

2.9 Collective struggle
is required for
deposing authoritarian
rules
[→ French Revolution
→ Arab Spring in
2010]

2.10 Constant struggle
is mandatory for
freedom of a
country
[Partition of
India Case study]

2.11 Persistent hardwork
is required for a
woman to get
recognition

[Case study of
J. K. Rowling]

2.12 Struggle of western
women for achieving
their rights
[Feminist Movements]

2.13 Persistent struggle
is mandatory for
technological
advancement

[Case study of
Wright brothers
→ Case study of
Thomas Edison]

3- Conclusion

ESSAY

Nothing is easy to achieve in this world. One has to endure several difficulties to achieve one's goal in life. History is riddled with the examples of such people. It means, bearing hardships is mandatory for success in life. To begin with, overcoming failures is required for success in sports. Similarly, persistent struggle is needed for recognition on a global level. In addition, several hardships must be endured for social change. Furthermore, constant struggle is required for bringing positive changes in people's lives. Similarly, difficult social and economic reforms are required for changing

the destiny of a nation. Moreover, collective struggle is needed for dethroning absolute rule. In addition, persistent struggle is required for achieving national independence. Similarly, women endured several hardships to achieve their rights. Besides, persistent struggle is mandatory for technological advancements. Thus, in order to achieve anything in life, one must have to go through difficult circumstances in life.

Firstly, overcoming failures is required for success in sports. Sports requires constant practice; a person is likely to fail several times before winning a game. It can be proved from the life of several sports men.

To illustrate Nadeem, faced several hardships and he won the Paralympic gold medal in 2024. He endured several hardships and needed any support.

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To illustrate, Arshad Nadeem, a javelin thrower, faced several failures and hardships in his life. However, with his persistent struggle, he won gold medal in the Paris Olympics in 2024. Hence proved, enduring failures is needed for success in any sports.

In addition, a persistent struggle is needed for recognition on a global level. One has to bear difficulties for a cause. Several people have ignored their well-being for a particular cause. For instance, Malala Yousafzai remained persistent for achieving education even at the cost of her life. Her efforts were recognized by a global community. She was awarded Nobel

Peace Prize for her struggle towards girls' education. Thus, unflinching struggle for a cause is required to get global recognition.

Similarly, constant struggle is required for changing one's social condition. Without hardwork, one cannot change his socio-economic condition in life. For example, Elon Musk belong to a poor family. He worked hard to change his financial condition. In Forbes Billionaires List, Elon Musk is now a richest man with a net worth of \$438bn. Hence proved, one has to endure difficulties to change one's abject conditions in life.

Besides, enduring

hardships is required for providing humanitarian services. People have to go through pain in order to make ease for others. It can be validated from the lives of several philanthropists. For example, Abdul Sattar Edhi was poor; however, he had great passion for the service of poor people. He collected charity and established Edhi Foundation. His foundation provides shelter to homeless children. Moreover, his ambulance network helps in medical emergencies. Hence, one must bear hardships to provide services to others.

Furthermore, bearing difficulties is required for eliminating ethnic segregation. There is

a huge division among people on the basis of ethnicity, race, colour and religion. The dominant ethnicity tries to suppress weak people. To illustrate, there was racial segregation in South Africa in 1840s. Nelson Mandela raised voice for the racial segregation against Black Americans. In this cause, he faced several difficulties and spent many years in Jail. However, his efforts bore fruits by eliminating institutionalized segregation of Black people. Hence proved, facing hardships is mandatory for eliminating injustice and inequalities in the world.

Similarly, constant struggle is required for lifting people out of poverty. One has to

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face difficulties and make reforms to change the socio-economic conditions of those who are living in abject poverty. It is a feat which requires unrelenting dedication.

For instance, Deng Xiaoping, President of China in 1970s, made industrial and agricultural reforms to ameliorate the pecuniary conditions of people.

Through these reforms, he lifted 200M people out of poverty in ten years.

Thus, constant dedication is required for reducing poverty.

In addition, difficult economic reforms are mandatory for economic revival. Nations have to bear temporary financial crisis for sustainable economic growth. To illustrate,

In 1990s, India was facing economic crisis. Manmohan Singh, the Finance Minister of that time, took several liberal economic reforms. Within a span of 30 years, India overcame economic crisis and was on sustainable economic path. Thus, difficult financial reforms are at the heart of economic miracle of a nation.

Besides, social reforms are mandatory for reducing over population. Over population has emerged a ticking bomb and needs several reforms. To illustrate, the population of Bangladesh at the time of its independence was 5 Million more than that of Pakistan. However, it took several social reforms including literacy and employment of women. As a result,

successfully overcome the problem of over population. Thus, a country must undergo social reforms to control the menace of overpopulation.

Moreover, collective struggle is required for deposing authoritarian rulers. It is a feat which can not be achieved by a few people. Persistent resistance is required for this cause. To illustrate, people in France were facing socio-economic difficulties. They brought about the French Revolution in 1789 against King Louis XIV. Similarly, people in Arab were living difficult life under dictatorship. As a result of Arab Spring Movement in 2010, people got rid of dictators and adopted democratic governments. Thus, persistent

collective struggle is mandatory for dethroning dictators.

In addition, constant struggle is mandatory for freedom of a country. National freedom comes at the cost of several difficulties and sacrifices. To illustrate, the author stated in a book, "The Emergence of Pakistan", "The Muslims of Sub-continent faced several difficulties to achieve independence from the British Raj in India". Hence proved, unrelenting struggle is at the heart of independence of a country.

Besides, persistent hardwork is required for a woman to get recognition. In a patriarchal society, it is very difficult

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for a woman to achieve success in her career.

For example, J.K. Rowling, a Fictional writer, struggled for 12 years to get her books published.

However, her efforts bore fruits when her "Harry Potter Series" got worldwide appreciation. Thus, constant hardwork is mandatory for women to get success in life.

Similarly, women in the western world struggled for several years to achieve their rights.

They faced several difficulties in achieving and securing their rights in male dominated society.

To illustrate, women launched Feminist Movements to get the rights of suffrage, employment, property and legal equality. Thus, women, in the west, have to endured

several hardships to get their basic rights.

Lastly, persistent struggle is mandatory for technological advancement. People have spent most of their time in their pursuit to contribute to the welfare of society.

For example, Wright brothers' constant struggle led to establishment of aeroplanes. Similarly, Thomas Edison has performed several failed experiments until he discovered bulb. His invention has illuminated the world. Hence proved, one has to bear difficulties to achieve technological advancement.

In a nutshell, every good thing in this world is the result of persistent struggle.

of some people. The most notable people in this world have left their mark due to their persistent struggle for a cause. People must overcome difficulties and failures to get success and recognition in this world. Similarly, some people endured hardships to provide services to other humans. Moreover, national freedom and social change can be achieved through collective struggle. Thus, struggle is a mandatory for achieving anything in life.

"You don't have to be great to start, but you have to start to be great."

~ Zig Ziglar