

# Precis 2011

Title: "Unhappiness : Exploring Causes <sup>and</sup> Perspectives"

Precis: There are numerous, common, and clear, psychological causes of unhappiness. Currently, a typical man is unhappy because he connects his level of satisfaction to his lack of achievements. Therefore, a man takes long sleeps and even derives happiness from negative and temporary sources like drinking. However, this can be <sup>believe</sup> fixed, if a person convinces himself that happiness can be achieved because it is desirable.

In contrast, a wise man may believe that there is nothing left to live for. Surprisingly, he feels even proud of being unhappy, viewing it as a universal phenomenon and a sign of wisdom. This depicts that he has given up hope and become suspicious of happiness.

Grammar is generally ok. Mistakes identified.