

Frailty is no more the name of

'FRAILTY IS NO MORE THE NAME OF A WOMAN'

1. Introduction

1.1 Attention grabber.

1.2 General information (facts/figures)

1.3 Thesis statement: "Modern day women ^{of life} defy frailty by excelling across all spheres with their resilience, leadership and independence ^{both} emotionally and financially."

2. Historical Content (Understanding Origin of the Quote)

2.1 Shakespeare's Hamlet Quote: 'Frailty, Thy name is Women' brief Explanation.

2.2 Clarifying this Quote wasn't a universal truth rather an emotional statement.

3. Women in History who Counterpointed Frailty:

3.1 Religion: Khadija (R.A) and Ayesha (R.A)

3.2 Literature: Simone-de-Biavour and Judith Butler

3.3 Military: Rani Lakshmi Bai and Razia Sultana

3.4 Leadership: Rosem Sultan and Queen Victoria.

4. Literary women who ^{challenge the} stereotype of frailty:-

4.1 Ella from Forty Rules of Love: Spiritual and Emotional Growth.

4.2 Portia from The Merchant of Venice: Intellectual Strength

4.3 Laila from Thousand Splendid Suns:- Emotional and Physical Resilience in a War Torn Society.

5. Modern-day Women Redefining Strength Across all spheres:

- 5.1 ^{First} Military:- Lieutenant General (Retd) Nigar Johar of Pak Army - highly male dominated field.
- 5.2 STEM:- Astrophysicist and Head of Science of School at MIT, Dr Nargis Mavalvala (Part of the team to detect Gravitational waves)
- 5.3 Entrepreneurship:- Whitney Wolfe Herd CEO of Bumble and Sara Blalock CEO of Spanx.
- 5.4 Social Activism:- Malala Yousafzai and Greta Thunberg.
- 5.5 Politics and Leadership: Benazir, Kamala Harris (first Vice President of USA) and Ursula von der Leyen first President of ~~Com~~ European Commission

~~6. Conclusion:~~

- ~~6.1 Summarising how outdated female frailty notion has become.~~
- ~~6.2 Even historical women~~

6. Conclusion:-

- 6.1 Reaffirm - the old notion of women frailty is outdated and been disproven.
- 6.2 Historical women disapproved - this myth; frailty socially constructed
- 6.3 Ending with a Quote.