

# Cut your coat according to your cloth.

The proverb "cut your coat according to your cloth" reminds us, of our limitations that one should live within available resources. people who live within their means, tends to enjoy more as compared to the people, who consistently exceeding their limits. people who are happily living within available resources are mentally relaxed as compared to those who always desired more to have and never satisfied with available resources. constantly wanting more things creates stressed, by spending and borrowing money creates financial problems. It also creates problems like materialistic culture prioritize their needs more than relationships. It impacts people's interactions. One should respect and adapt to their cultural norms and values without overextending themselves. It's about being mindful of one's cultural context and not trying to adopt practices that do not fit one's situation. One of the classic example

is about Pakistan's foreign debt and reliance on loans -to meet demands is an example of living beyond means, rather than maximizing domestic resources and capacity. The debt touches the highest dangerous points. While Japan have mastered using limited resources efficiently focusing on technology and innovation -to boost their economy despite their limited natural resources. Whether in Pakistan or Japan living within one's means fosters peace and financial stability emphasizing that our choices in spending and living reflects our priorities and values.