

* Israel brutality is on its peak, committing war crimes again and again. Bombing hospitals, shelter camps and blocking humanitarian aid are all serious war crimes. In this traumatic situation, children suffer the most. They are dying due to malnutrition, lack of water & food happens to be the biggest cause of their deaths, while all the civilized nations has chosen to be a spectator to this brutality. Sadly, Human Rights & Geneva Convention failed to protect them from the atrocities of Israel in Gaza on daily basis. Using starvation as a weapon is a biggest war crime, at the same time, its a slap on the face of international community. Those involved in this Genocide, the Israeli prime minister, Government must be punished & tried for war crimes. The world community must realize its responsibility & put pressure on Israel to lift the blockade on humanitarian aid.

★ India once again violated our airspace, damaging mosques and martyring innocent civilians, including children and women. The Pakistan Airforce retaliated by downing their multiple fighter jets, including the so called Rafale. While the armed forces were teaching a lesson to Indians, the main political Party was forwarding the enemies views, mostly adopted by Indian news channels, although they were fake. Sadly, it was heartbreak to see them doing all this when the state national security was under threat. National unity is essential in a time like this, nation must stand united, even though how opposingly the opposition was against the Ruling Party. In this critical time, no personal agenda should be pushed. When it comes to national integrity, there is no ruling party or opposition; there is only Pakistan.

Rites and rituals also evolved with time as human evolved. Different rituals are practiced all over the globe with different meaning. Even animals perform rituals when mating or fighting. The dictionary of Anthropology defines "ritual" as "formal acts that take place in the context of religious worship". Rituals are of two types, religious rituals and non-religious rituals. Many people practice religious rituals because they find it transforming their lives and connecting with divine. Understanding ritual is more important than just practicing it. Once you understand the deeper meaning of ritual than will you find its true purpose and meaning. Therefore, rituals should be performed with heart and mind.