

Essay

Girls are weighted by Restrictions, boys with demand - two equally harmful disciplines

1. Introduction.

Thesis statements:- Significant factors prove that patriarchal social institutions are harmful for both genders. However, such social institutions can be evolved through certain suggested measures.

2. Patriarchy as an harmful discipline

3. Significant factors which prove that patriarchal social institution is equally harmful for both the genders:

- a. Assignment of gender specific roles
- b. Overburdened expectations from both genders
- c. Delusion of individual rights
- d. Distortion of individual identity
- e. Super increased social responsibility of both genders
- f. Erosion of individual preferences
- g. Promotion of Gender gap

4. Suggested measures to evolve patriarchal social institution:

a. Advocacy of Individual Rights

b. Indigenously designed reformation programs for reduced cultural shock

5. Conclusion.