

Preci writing paragraph

Reading is to the mind what exercise is to the body. It is a habit that should be cultivated from an early age. People who read regularly tend to have a broader perspective of the world, as they are exposed to various cultures, philosophies, and viewpoints. Reading enhances vocabulary, improves concentration, and stimulates the imagination. Unlike watching television or scrolling through social media, reading is an active process that requires engagement and reflection. Unfortunately, in today's digital world, the habit of reading is declining rapidly, especially among the younger generation. This decline is alarming because it not only affects language skills but also critical thinking. It is essential, therefore, to encourage reading in schools, homes, and communities. Providing access to libraries, recommending quality books, and setting aside reading time daily can help revive this invaluable habit. Reading does not just fill time—it fills minds.

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Reading is like exercise for brain. This habit should be developed at early age. It broaden one's perspective as they are exposed to more knowledge. Unfortunately today's generation prefers to spend more time on social media than reading. It is a threat to language and thinking skills. Institutions should encourage reading and provide students with good books to help them develop this habit.

Word count: 62

Title : Reading: Fuel for brain.