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M T W T F S

→ Pakistan is a failure state to work on mental health.

In the 21st century, where mental health is a major issue and the developed countries are working on mental health, there Pakistan is a failure state to work on mental health. Although the percentage of mental diseases are increasing, but ~~the~~ Pakistan is unable to provide at least minimum number of psychiatrists, which lead the country to a failure state in response to mental health. Similarly, Pakistan has only 0.19 psychiatrists per 100,000 inhabitants, according to WHO estimates, which is one of the lowest number in the East mediterranean region. In addition, It is estimated that 50 m Pakistanis are suffering in silence from psychological issues, including depression (Deum, 2022). Consequently, in the 21st century Pakistan is unable to provide better mental health services, which means it is a failure state in response to mental health.