

# Frailty is no more the name of women.

## Outline:

### 1. Introduction.

**Thesis Statement:** inclusivity and participation of women in power politics, restoring social stability and democracy, significant contribution in economic sphere, and their revealing talent in extracurricular activities proves that frailty is no more the name of women.

### 2. Shedding light on the historical evolution of women roles: From feeble to strong creature.

### 3. Shifting paradigm of female strength.

#### 3.1 Increasing role of women in political arenas across the globe.

a) Kamala Harris - a foreunner of 2024 US presidential election.

b) Giorgia Meloni - the prime minister of Italy.

3.2 Women and their growing role in military affairs.

a) First <sup>female</sup> Lieutenant general of Pakistan Army - Nigar Johar.

3.3 Women and their relentless struggle for the reinstatement of democracy.

a) Benazir Bhutto and her struggle for democracy in Pakistan.

b) Aung San Suu Kyi's fight against dictatorship in Myanmar.

3.4 Women has learnt to fight for their rights on their own.

a) Asma Jahangir and her struggle for human rights in Pakistan.

b) Shamim obaid chinoy : Saving face and girl in the river : A price for forgiveness.

3.5 Extensive role of women in social stability is a powerful testament of their strength.

a) "Women is the real architects of society" Harriet Bachel stov.

3.6 Extraordinary achievements of women in a field of sports uncover their physical strength.

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a) Haseen Hameed, a fastest women of Asia.

b) A 15 year old Pakistani, Mehak Gul-chess champion.

3.7 Formidable tasks performed by women substantiate that facility is no more the name of women.

a) Sonima Balq, A Pakistani who conquered Mount Everest.

b) Norma Salim-First Pakistani to reach North and South pole.

3.8 Increasing participation of women in economic activities and its result in the form of economic boost.

a) Growing women labour force in Bangladesh and the rise in GDP growth rate.

3.9 Women and their parallel competition with men in the sphere of literature.

a) Umra Ahmed, a famous Pakistani novelist.

b) Elif Shafek, a Turkish writer, and her international best seller novels.

DATE: 1/1

3.10 Women has shown their talents in the arena of arts and music.

a) Increasing role of women in the film industry across the globe and their extraordinary performances.

3.11 Significant contribution of women in the field of science reveal their strong mental capability.

a) Meesum and her contribution in Nuclear physics - Alzahra

b) Dr. Sameera, Egypt's first nuclear physicist : proponent of nuclear technology for peace.

3.12 Participation of women in the competitive exams of Pakistan and securing militant groups.

a) Assistant Superintendent of Police -

Rizwana Malik.

#### 4. Conclusion

There is no force more powerful than a woman determined to rise. Scope of frailty is none of women is just restricted to a stereotype. However, women has shown their strength in all direction of life. Firstly, participation of women in global power politics ensured that frailty is not the name of women. Additionally, relentless struggle of women for restoring the democracy proves that women is no more weak. Moreover, extensive role of women in social stability is a powerful testament of their strength. Similarly, flabbergasted achievements of women in a field of sports not only uncover their physical strength but also a sign of their talent. In a similar way, role of women in economic activities are the outcome of their cognitive skills. In addition to it, performance and art of acting in the film industry is another evidence of their chemistry. Women and their participation side by side with men is a stamp that shows their writing techniques. Finally, they have learnt to fight for their rights by their

own, which strongly support the stance that women is no more weak. All in all, inclusivity and participation of women in power politics, restoring social stability and democracy, significant contribution in economic sphere, and their revealing talent in extra curricular activities proves that frailty is no more the name of women.

In the late 1880s, women were vulnerable. They were striving for the basic rights and their identity. After the great efforts of women, they got suffrage rights from government. Along with the suffrage rights their identity in the different platforms of society were their hurdles. 13th amendment in the US constitution creates ease for them by giving them identity. In addition to it, voting rights were one of their desire to be ensured. With the passage of time and by their extra ordinary efforts they get the all fundamental right. They were no more subject to frailty in the environment of power politics, economics, and social affairs of daily life.

DATE: 1/1

There are multitudes of examples, evidences and anecdotes which are proving the topic; frailty is no more the name of women; one of them is increasing role of women in political arena across the globe. Participation in politics ensures the individual is strong enough to counter the stumbling blocks of the society. Kamala Harris: a foreunner of presidential election held in 2024. which ensures women is no more weak. Additionally, Giorgia Meloni is another example which is prime minister of Italy. The above examples satisfies that; frailty is no more the name of women once they are participating in not only in politics but in power politics.

Similarly, women has grown their role in the military affairs of country. Playing the efforts in the military service is not a work of single individual. First female Lieutenant general of Pakistan Army Nigar Johar ensures that they foster their mind to counter the impediments of life. New cognitive skills are proving the header. Ergo, taking part of women in the military

affairs ensures fragility is no more the name of women.

Additionally, women stand and their relentless struggle for the nourishment of democracy is a great step. Dictatorship is a snag and worst form of governance. To be a rock in front of dictator needs a great courage. Benazir Bhutto puts all the efforts to restore the democracy. Additionally, Aung San Suu Kyi's fight against dictatorship in Myanmar is a sign of dauntless. In a nutshell, struggle of women for restoring democracy supports fragility is no more the name of women.

In addition to it, women has learnt to fight for their rights by their own. Individual of society needs courage to stand in the way of ongoing terrors of society in order to get their rights. Asma Jahangir and her struggle for saving, safeguarding, human rights in Pakistan was a courageous act.

Similarly, Shamneen Obaid Chinyo stood like a rock to counter the inhuman act in the society. In a nutshell, women has got tactics to grab their rights.

Moreover, extensive role of women in social stability is a powerful testament of their strength. In order to bring social stability, one have to climb the mountains.

Harriet Bachar stove says "women is the real architects of society". which gives the image vividly: women plays an pivotal role in the construction of any society. All in all, exaggerated participation of women in the social, domestic affairs, platforms are the elucidation of their strengths.

In a same manner, extraordinary achievements of women in a field of sports uncover their physical strength. Involvement in the sports breeds the strong concentration and will power for success. Haseen Homeed proves it by achieving the title of fastest women of Asia. In addition to it, Mehak Gul, 15 year old Pakistani girl got the award of chess champion. which adds fuel in their strengths. Ergo, outstanding performance of women in sports and achieving the success are the evident of their talent and physical strength.

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Furthermore, women and their parallel competition with men in the sphere of literature garnishes their skills. In 1800's, readers avoids the writings of women due to lack of knowledge in their books. But, Umrao Ahmed, a famous Pakistani novelist, ends this stereotype by her writing skills. Likewise, Elif Shafak, a Turkish writer, and her international best selling book are the evidences of their cognizance. Hence, side by side competition of women with them polishes their skills and talent.

In conjunction with, women has shown their talent in the arena of arts and music. Arts and music needs the streamlining of talent and desires together. Increasing role of women in the film industry across the globe and their extraordinary performance reflect the consciousness they hold. Indian film industry is on 3rd in the world whereby, 80% of women are playing their role. In recapitulation, women has gain muscles in film industry as well.

Concurrently, formidable tasks performed by women substantiate that frailty is no more the norm of women. To climb the peaks of the region is not a sign of a weak individual. A great example of Samina Baig who conquered the Mount Everest. Together with, Hornilia Saleem became first Pakistani women to reach the North and South pole. It shows the struggle and determination of women. In light of the above information, hard task performed by the women reflects their strengths and power they hold.

Simultaneously, Increasing participation of women in economic activities and its result in the form of economic boost is outcome of their accounting abilities. Back in 1800, women were kept away from economy due to lack of abilities. However, growing women labour force in Bangladesh and rise in the GDP growth rate. They make sure that every task can be performed by women so, the northward movement of women in economic reflects their abilities and strengths.

Respectively, significant contribution of women in the field of science reveal their strong mental capability. The field of science needs tremendous and consisting efforts for favorable outcomes. Contribution of Mericue in nuclear physics is strong flashback of her talent. Similarly, Egypt's first nuclear physicist, Dr Samzera, who was proponent of nuclear technology for peaceful purposes. To summarize the points, participation of women in science reflects their strong capabilities.

In the same way, appearance of women in the competitive exams of Pakistan and securing militant groups are the example of their bravery. A difficult job for a women was to hold a weapon but in todays time; women are giving their services in the security group. Rizwana Malik, assistant superintendent of police, being a women, she is giving her best in police group of Pakistan. In order to show her strengths. In short, women participation in militant groups reveal their bravery.

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To conclude briefly, environment and participation of women in global economic sector, ensuring the social and public stability, standing like a rock against dictators to restore democracy, and taking part in domestic affairs of the country reflects that fragility is no more the name of women. Formidable, complex tasks performed by women substantiate that women is no more subject to vulnerability. Women and their parallel competition with men in the sphere of literature ensures the strength of women. Moreover, women has got skills to fight for their rights on their own. Additionally, significant contribution of women on the field of science reveal their strong mental approach. Lastly, incorporation of women in the militant groups of Pakistan through competitive exams by their will strongly supports that fragility is no more the name of women.