

Q1:- Most of us fail in our efforts for self-improvement because the goals we set are usually ambitious. Practically, it becomes difficult to carry out the tasks to achieve these goals. The shortage of time and the over-passionate approach towards goals setting becomes the primary hurdle towards self-improvement. So, the majority of us can't meet the ends on the road of self-improvement.

Q2:- It is a basic mistake to announce our resolution to everybody beforehand because carrying its uncertain whether we would carry out these tasks or not. In case, if our resolutions cannot meet the ends, we would even look more foolish and irresponsible, as we begin to continue our old bad habits. So, announcing the resolutions beforehand ~~is~~ <sup>is not</sup> be the wise approach.

Q3:- The author ~~did not~~ carry out his resolutions on New Year's Day because of an over-night party, he attended on the New Year's eve. He previously planned to do physical exercise every morning and to read books in the evening, from the very first day of the New Year. But he mixed these planned tasks on the first day.

So, he passionately completed these tasks on the second day. Thus, the over-night party only made him distracted from his planned goals.

Q4 :- i) formidable

ii)

iii) Diminished

iv) Resisting

v)

satisfactory  
answers are fine  
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