

Psychological issues are the leading cause of drug addiction among youth.

One of the major cause of drug addiction in youth is psychological issues. In psychological issues first cause is anxiety.

During anxiety when everything is uncontrollable, drug is an easy option for youth. This is because, it can be

easily accessible and gives quick relief from pain, which is why youth prefer drugs. For instance, World Health

Organization 2021 report stated that mental health condition such as anxiety is a risk factor of drug addiction among youth.

Secondly, depression is also the risk factor of substance use. Similarly,

among youth main factor of depression

is their academic stress and unemployment.

Moreover, around 80% of the youth are suffering from depression these days,

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and everyone are in search of how to overcome the disease. In addition, if they could not find the right guidance and proper medicinal care, they choose drugs to overcome the pain of depression. It is concluded that, psychological issues are the leading cause of drug addiction among youth.

Drug addiction in youth and their economic consequences

Drug addiction in youth effects economy of the country. First of all it reduces workforce productivity. As young population are the backbone of the country's economy, because the more the youth the more chances of innovations in the country which brings peace and prosperity in the country. For instance, if majority of the population are involved in drug addiction there are greater changes of efficiency reduction of the economy.

Secondly, drug addiction in youth also makes burden on healthcare system of the country, which is also effects economy of the country. Similarly, as the government are running free rehabilitation centers for the drug addicts, so if the number of patients increase the more rehab centers will be required.

On such case government will give more focus on rehabilitation centers and will ignored other healthcare sectors. On addition, Pakistan spend only 1.6% of the GDP on health which is also less than WHO recommendations — 6% of the GDP. In such a less budget of the health, if the government give more focus on rehabilitations centers it will penalize the economy of the country. It is concluded that, drug addiction among youth reduces workforce productivity of And burden on healthcare sector, which **effects** economy of the country.

Drug addiction among youth and its political implications

Drug addiction among youth affects the political structure of the country. Firstly, the ineffective policy is a major contributor to the rising rate of drug addiction among youth. This is because, when policies related to the substance use are inadequately enforced and underfunded it may increase the distribution of substance use. For instance, despite the enactment of the Control of Narcotic Substance Act (CNSA) in Pakistan, which emphasizes the treatment and punishment of drug users are not effectively implemented. Secondly, drug addiction among youth also erodes public trust on government institutions. This is because, those youth which are involved in drug related crimes often lose trust on political leaders and institutions. ~~proxected & safe~~

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and institutions. For instance, a study in Mexico found that youth exposed to drug related violence during childhood showed a 20% drop in political mistrust and civic engagement. It is concluded that, drug addiction among youth the political system of the country.

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The Social consequences of drug addiction among youth.

Drug addiction among youth also disrupt social system. First one is the family disruption. In family when a member addicted to drugs, often experiences emotional turmoil including anxiety and depression. Similarly, substance

abuse can lead to significant financial strain due to job loss and treatment costs.

For instance, a study from India reported that 95-100% of individual with substance use, experienced moderate to severe financial crises and family disruption. Moreover, families also face social stigma which can lead to social isolation. Such stigmatization also face by an affected individual. For instance, research from Mayo Hospital Lahore highlighted that 99-100% of patients faced difficulties in securing employment and maintaining relationship due to their addiction history. Consequently, drug addiction among youth also effects the social system.

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