

Date: _____

Women Empowerment

Woman was created from the rib of a man - Not from his head to top him nor his foot to be stepped by him but from his side to be equal to him, under his arm to be protected by him and near his heart to be loved by him. This doesn't show the origin of woman but the 'rib' metaphor suggests that woman

is a companion and equal to man rather than subordinate creation. Women Empowerment is not merely a need of woman rather it is also the need of our society - Without empowering a woman, it is impossible to add the empowered citizens in the society. Women empowerment is not about having woman's power over man - it is all about woman having power on herself and her life. The foundational pillars that clarify the concept of women empowerment includes sense of self worth, autonomy, equality, safety and equal access to opportunities. The woman's sense of self worth and her inner feeling and self confidence that she deserves respect, love and honour. It is not because she has achieved something - However, women should exist as a free human and

Moreover, empowering women involves the autonomy. She should have authority to take decisions of her life related to choice of education field, career, spouse and reproductive decisions.

Furthermore, safety and security is another essential pillar of empowering the woman. She should feel safe and secure inside and outside the home. It is the responsibility of the guardian and state to provide a healthy environment to woman, free of all kinds of threats including emotional threat, physical threat, mental threat, sexual threat. So,

she can focus on her personal and professional growth. In addition, goal of strengthening the woman cannot be achieved until giving woman equal rights and opportunities.

There is need of providing balanced and even access to the resources like education, educational institutes, health, health institutes, jobs, promotions, equal salaries, special quotas, politics, military. Women empowerment does not concern making women strong. They are already strong. As its core, it is about changing the way society perceive her strength.