

Delayed Marriages: Causes and Consequences

Brain storm:-

Causes:-

- 1 Higher educational purposes
- 2 financial stability
- 3 Finding perfect match
- 4 Family burden (siblings education etc)
- 5 Relationship traumas
- 6 societal norms (cast-to-cast marriages or in family)

Consequences:-

- 1.1 Less marriage opportunities
- 2.1 ensure security but emotional isolation
- 3.1 age increase and it leads to issues in biological cycle
- 4.1 Prioritize family over personal life
- 5.1 less-focused mind, fear of commitment and trust
- 6.1 increased health issues in family marriages and stuck to their family issues for lifetime

2 Main Body:

Causes of delayed marriages:-

L Higher education purposes:-

1.1 For job security and setting own standards high

1.2 own preferences like education or aims over marriage

2 Financial Stability

- 2.1 concerns for future
- 2.2 for elite lifestyle and societal standards
- 2.3 increased inflation day by day

3 Finding Perfect match

- 3.1 own likes and dislikes
- 3.2 looks, background educational preferences
- 3.3 cultural and religious factors

4 Family burden

- 4.1 siblings educational expenses
- 4.2 household expenses and responsibilities
- 4.3 trend in families, one should wait till elder siblings marriage

5 Relationship traumas

- 5.1 Past worst experiences in relationship
- 5.2 someone degrade you over looks, financially
- 5.3 loss of self-esteem and confidence in yourself

6 Societal norms:

- 6.1 restricted and pressurized by family and society to marry in cast or family
- 6.2 double standards of societal preferences

Consequences

1.1 Less marriage opportunities

1.1.1 either you become educated but face rejections due to age issues

2.1 Ensure security but emotional isolation

2.1.1 financial stability does not mean emotional stability

2.1.2 face loneliness ^{and become} emotionally challenged

2.1.3 engaged in social and moral crimes

3.1 Age factor causes biological issues

3.1.1 increased age disrupt biological clock especially in female

3.1.2 infertility and issues to conceive

3.1.3 late pregnancy causes health issues

3.1.4 no pregnancy gap raises concern for both mother and baby

4.1 Prioritize family over personal life

4.1.1 manage family problems undermine personal space

4.1.2 prolonged loneliness leads issues to shared life with someone

4.1.3 habitual and cooperation differences develop

5.1 Less focused mind —, fear of commitment

5.1.1 relationship traumas lead psychological issues anxiety, depression

5.1.2 lack of trust causes insecurities and commitment issues

b.1 Stuck in same family problems for life long and Health issues in of family marriages:

b.1.1 chances of diseases increased in offsprings

b.1.2 no exposure to new persons and families

Introduction:-

“Marriage is companionship between two persons to complete each other in every aspect, progressed during early adulthood to uphold moral and social values.” Delayed marriage is neither a new issue nor it is fully settled one. Developed countries deal ^{with} it successfully. Whereas, developing countries are still struggling. Unfortunately, Pakistan is also one of them. Main causes behind delayed marriages are higher educational purposes, financial stability, finding perfect match, family burden, relationship traumas and also societal norms that leads to less marriage opportunities, emotional isolation, issues in biological cycle, prioritize family over personal life, fear of commitment and trust, health issues in family marriages.