

English Comprehension Test-1

Time Allowed: 40Minutes

Note: (For Online Students)

1. Assignment must be handwritten.
2. Upload it in "Quiz/Assignment" section, otherwise it will not be checked.

Name: Khadija batool

Batch: 65

LMS ID: 37974

Q. Read the following passage carefully and answer the questions that follow:

(20)

The New Year is the time for resolution. Mentally, at least most of us could compile formidable lists of 'do's and 'don'ts'. The same old favorites recur year in and year out with the children, do a thousand and one job about the house, be nice to people we don't like, drive carefully, and take the dog for a walk every day. Past experience has taught us that certain accomplishments are beyond attainment. If we remain deep rooted liars, it is only because we have so often experienced the frustration that results from failure. Most of us fail in our efforts at self-improvement because our schemes are too ambitious and we never have time to carry them out. We also make the fundamental error of announcing our resolution to everybody so that we look even more foolish when we slip back into our bad old ways. Aware of these pitfalls, this year I attempted to keep my resolution to myself. I limited myself to two modest ambitions, to do physical exercise every morning and to read more in the evening. An overnight party on New Year's Eve provided me with a good excuse for not carrying out either of these new resolutions on the first day of the year, but on the second I applied myself assiduously to the task. The daily exercise lasted only eleven minutes and I proposed to do them early in the morning before anyone had got up. The self-discipline required to drag myself out of bed eleven minutes earlier than usual was considerable. Nevertheless, I managed to creep down into the living room for two days before anyone found me out. After jumping about in the carpet and twisted the human frame into uncomfortable positions. I sat down at the breakfast table in an exhausted condition. It was this that betrayed me. The next morning the whole family trooped into watch the performance. That was really unsettling but I fended off the taunts and jibes of the family good humoredly and soon everybody got used to the idea. However, my enthusiasm waned, the time I spent at exercises gradually diminished. Little by little the eleven minutes fell to zero. By January 10th I was back to where I had started from. I argued that if I spent less time exhausting myself at exercises in the morning. I would keep my mind fresh for reading when I got home from work. Resisting the hypnotizing effect of television, I sat in my room for a few evenings with my eyes glued to a book. One night, however, feeling cold and lonely, I went downstairs and sat in front of the television pretending to read. That proved to be my undoing, for I soon got back to the old bad habit of dozing off in front of the screen. I still haven't given up my resolution to do more reading. In fact, I have just bought a book entitled 'How to Read a Thousand Words a Minute'. Perhaps it will solve my problem, but I just have not had time to read it.

Edit text

Questions:

1. Why most of us fail in our efforts for self-improvement? (5)
2. Why is it a basic mistake to announce our resolution to everybody? (5)
3. Why did the writer not carry out his resolution on New Year's Day? (5)
4. Find out the words in the above passage which convey the similar meaning to the following:
(a) intimidating (b) peril (c) dwindle (d) repel e) barb (5)

stions:

Why and how most of us fail in self-improvement?

There are many reasons due to which most of us fail in self-improvement including lack of clear goals and visions, inconsistency in our efforts and hard working capacity, negativity of our minds and negative self talk, the expectations which can

BT
Brand Textiles

CS

not be fulfilled, fear of changing personality and leaving the comfort zone. It also lead to failure due to comparison with others, and our schemes are very ambitious and we have no time to carry them out. we announce our fundamental errors to the people which make us weak and powerless and foolish in front of others.

why is it a basic mistake to announce our resolution to everybody?

to announce our resolution to everybody is a mistake because it creates a pressure and burden on person. In essence, announcing resolutions to everyone can create an environment where failure is more likely to be perceived as a personal failing rather than a learning opportunity. It is more beneficial to

Date: / /

MTWTFSS

to work on personal resolutions privately, focusing on consistent effort and progress over perfection.

Why did the writer not carry out his resolution on new year's Day?

The writer has experienced from the past new year's resolution which taught him that announcing resolution can lead to failure, disappointment and depression. So that's why the writer on new year's day did not carry the resolution. Instead, he did physical workout, exercises in morning, readings in the evening. The whole night party on new year's eve provided him a good excuse for not carrying out the resolution on first day of new year.

Find out the words in the above passage which convey to the similar meaning to the following.

(a) **Intimidating** : It's meaning is
frighten. If we remain deep
rooted than it is only because
we have so often experience
the frustration that results from
failure.

(b) **peril** : Danger : we make the
fundamental error of announcing
our resolution to everybody so
that we look even more foolish
when we slip back into our
bad old ways.
wan

(c) **Dwindle** : Diminish, : The self-discipline
required to drag myself out of
bed eleven minutes earlier than
usual was considerable.

(d) **repel** : push away : Resisting, fended.

(e) **barb** : Jibs