

The more you sweat in Peace,  
the less you Bleed in War.

## Outline

### A. Introduction

Thesis Statement: A comprehensive list of events, case studies, theories and scholars' opinions reflects that nations that invest in peace-time readiness effectively reduce their vulnerability and casualties in times of war.

### B. Proactive Endeavors in Times of Peace: A shield Against Future Peril

a- The role of institutions in deterring conflict.

i- Formation of NATO

ii- Establishment of Regional organization.

b- Adopting policy of Liberalism- Economic integration and diplomatic moves in peace-time.

i- Evolution of European Union

ii- Treaties: NPT, SALI, START

c- Formation of Military - Industrial Buildup before WW-II safeguard USA.

- i- Attack on Pearl Harbor
- ii- US strengthened Allied powers.

d- Considering Economic Security as a War-Time Asset.

- i- Germany collapse post WW-I
- ii- Russia facing Dollar Deficiency.

e- A stitch in time saves nine.

- i- Economist Magazine.
- ii- Declaration of US Independence.

f- Ensuring cybersecurity preparedness in peace-time saves from future conflict.

- i- Case study of Iran
- ii- Case study of Russia.

g- "Victorious warriors win first and then go to war."

- i- Pre-emptive strike strategy
- ii- Xi's Doctrine of Chinese Dragon

h- Maximization of Power : only blueprint for minimizing conflicts in future.

- i- Hawks J. Morgenstern
- ii- Politics Among Nations.

## c. The Battlefield as a Mirror of Peace-Time Choices

a- Fall of great powers due to negligence in peace time -

well organized and quite relevant      well done good

- i- Fall of France
- ii - 13 colonies of British

b- Ensuring the rise after the fall of one state - capabilities of land strike.

- i- Pearl Harbor - A wake-up call for USA in WW-II.
- ii - Indo-Pak war.

or

c- Realist statement: Peace-time deterrence prevents battlefield escalation.

- i- Cold war due to Nuclear Arms
- ii - Rise of North Korea.

d- Failure of international institution results in war.

- i- Russia-Ukraine war
- ii - Israel-Iran war.

e- In peace prepare for war.

- i- Roman Proverb

- ii- Expansion of Roman Empire in peace time.

## D. Conclusion